



**SPECIAL
POINTS OF
INTEREST:**

- Strategic Plan set for 2010-2015
- Drug Facts Chat Day
- Timeline and Prevention Terminology
- Recovery Oriented Systems of Care



Strategic Plan for 2010-2015 in progress

The Ingham County Substance Abuse Prevention Strategic Plan is complete and ready for presentation and voting. A hybrid between the Mid-South Substance Abuse Commission Plan and the Substance Abuse in the Capital Area Report, the plan allows ISAP to address substance abuse problems strategically without losing sight of our key indicators. The plan is broken down into four goal areas—capacity building and data, alcohol, tobacco, and prescription drugs. The plan incorporates the SWOT exercise completed at the ISAP April coalition meeting, the need for making data driven decisions, our commitment to the strategic prevention framework, the Michigan Profile for Healthy Youth survey, collaboration with local county partners, sustainability, and the seven intervening variables: Social Norms, Laws and Policies, Social Availability, Retail Availability, Enforcement and Adjudication, Promotion, and Mediating Resources. ISAP identified consequence areas as Alcohol, Tobacco, and Prescription Drug misuse, including medical Marijuana (the state law spells Marihuana in the traditional way, using an “h” instead of a “j”, ISAP adapted this spelling to match the law). The Strategic Plan will be available on our website starting in June, and will be submitted to Mid-South by June 30th. A roll call vote and electronic proxy is scheduled for June 1st by ISAP voting membership.

Drug Facts Chat Day Makes its Debut in Ingham County

Drug Facts Chat Day, a National Institute of Drug Addiction (NIDA) initiative made its debut locally in Ingham County on May 17th. In conjunction the Lansing School District, Prevention Program Services and Eaton Intermediate School District hosted Drug Facts Chat Day on May 17th. The event allowed middle school students from the Lansing School District and the communities of Leslie and Stockbridge to email “experts” in the field real-time questions about drugs, alcohol, or tobacco. Students emailed the questions anonymously from their classroom computer labs, where moderators intercepted the messages and routed them to the various “experts” in the room. The experts responded to the questions using a combination of standard NIDA answers and localized information. The moderators then posted the answers on Blackboard (electronic media site) where students could see their anonymous answers in real time. EISD tech staff were on hand to make sure technical glitches did not hamper the experience. Overall, 170 questions were

fielded by the team over the course of the day. The feedback from volunteers, teachers, and students was very positive, and the method for disseminating information was technologically appropriate for the youth. ISAP will explore ways to evaluate the activity, and in the interim plans to repeat the event next spring.



ISAP Volunteers answer Drug Facts Chat Day emails on May 17th at Eaton ISD

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Timeline of Events



June 1st, 2010 ISAP meeting— vote on 2010-2015 Ingham County Strategic Prevention Plan. Non-present voting members will be afforded a proxy electronic vote until June 10th. Strategic Plan will be published and submitted to Mid-South Substance Abuse Commission by June 30th, 2010. ISAP members will be emailed the final publication and it will be available on our website. Published hard copies will be available in July.

On June 1st, ISAP workgroups presented recommendations to ISAP for projects and activities for the 2010-2011 implementation plan. ISAP will receive an electronic draft of the plan no later than July 1, 2010 and a final draft no later than July 8th, 2010. ISAP will vote on acceptance of the plan at the July 13th, 2010 ISAP meeting. Absent voting members will have until July 20th, 2010 to submit their electronic proxy vote. The final submission of the plan to Mid-South will occur

by the July 30th deadline.

The third quarter reporting is due to Mid-South July 9th, 2010. Funded agencies (Cristo Rey, Teen Court, and the Ingham County Health Department) are asked to submit their quarterly reporting to Coordinator no later than 5:00 p.m. on Wednesday, July 7th. Final submission to Mid-South will be made by the deadline on the 9th.

Happy summer!

The JULY ISAP meeting will be held on Tuesday, July 13th, 2010 at 8:30 a.m. at the South Precinct. We will be voting on the 2010-2011 Implementation plan.



What is an intervening variable?... and other fun prevention terms you have wondered about

Factors that have been identified as being strongly related to and influence the occurrence and magnitude of substance use and related risk behaviors and their consequence. These factors may have a positive or negative influence, and they include access and availability, enforcement and adjudication, social norms, promotion, laws and policies, mediating resources, and other risk and protective factor categories. Contributing Factors are the specific issues in a community that comprise the intervening variable.

SUBSTANCE-RELATED CONSEQUENCES PROBLEM AREA AND SUPPORTING DATA

are the effects of use, misuse, and abuse of a substance on quality of life (including health, mortality, crime dependence accidents, and potential life loss) and the measured rates at which these consequences occur.

CONSUMPTION PATTERNS are the way in which individuals and groups drink, smoke, and use other drugs. They are linked to related consequence or problem areas and the source of the data.

STRATEGIES are the programs, policies, or practices that that address factors strongly related to and influencing the occurrence and magnitude of substance use and related behaviors and their consequences.

EVALUATION MEASURES are either process or behavioral. Process evaluation measures document program implementation and behavior outcome document the effects you expect to achieve after the strategy is implemented.

