

Ingham Substance Abuse Prevention Coalition Goals and Objectives

SOLUTION

Goal 1: Coalition Development

By 2009, Ingham County will have an active, independent, formalized, multi-sector, countywide coalition whose mission will be to coordinate, plan, and evaluate a comprehensive countywide strategy to address locally determined risk and protective factors and achieve changes in substance use behaviors prioritized by the county, its communities, MSSAC and other regional and state entities.

Long-term Outcomes

By 2009, Ingham County will have an independent, multi-sector, countywide coalition that coordinates, plans and evaluates substance abuse prevention in our community as measured by:

- Formalized documents
- Formalized meeting summary notes
- On-going updating of the needs and resource assessment
- An updated countywide strategic plan with measurable goals and objectives
- Reduced duplication of services
- Interagency agreements to co-fund prevention efforts
- Evaluation of prevention efforts
- Use of evaluation data by the coalition to make further recommendations

Intermediate Outcomes

By 2007, The Ingham Substance Abuse Prevention Coordinating Council will demonstrate sustained multi-sectoral coordination of planning and evaluation of substance abuse prevention efforts across the county as measured by:

- Reduced duplication of services and increased comprehensiveness of prevention strategies to address prioritized needs
- Interagency agreements to co-fund prevention efforts
- Meeting summary notes indicating all efforts are evaluated, and evaluation results are shared, discussed and used by the coalition for future decision making

Short term Outcomes

By 2006, the Coordinating Council plans to review and revise the Mission and Vision statements based on the growth and diversity of the council membership.

By 2006, The Ingham Substance Abuse Prevention Coordinating Council will build capacity to include a larger percentage of local school representatives, minority-based agency representation, consumer groups, business/civic leaders, parent groups, grass roots advocates, faith-based groups, rural representation and a county commissioner as measured by:

- Formalized documents

Objectives

- 1.1 Maintain and update the Needs and Resources Assessment.
- 1.2 Implement, review, evaluate and update the Strategic Plan.
- 1.3 Develop inter-agency agreements to coordinate prevention efforts.
- 1.4 Maintain ongoing evaluation of prevention programming.
- 1.5 Maintain ongoing use of data to make further recommendations.
- 1.6 Build the capacity of the coalition by recruiting additional, diverse members.
- 1.7 Engage coalition members in coordination, planning and evaluating to achieve changes in substance use, misuse and abuse in Ingham County.
- 1.8 Review and revise the Mission and Vision Statement if needed.

SOLUTION

Goal 2: Data Driven Decision Making

By 2009, Ingham County will have a comprehensive data collection process that relies on local, reliable survey measures and archival indicators measuring youth risk and protective factors, substance abuse behaviors among youth and other prioritized populations (e.g. delinquent and violent youth, elderly, adults in the workplace and unemployed, children of substance abusers, and minority populations), and an assessment of the level and reach of substance abuse prevention services in Ingham County.

Long-term Outcome

By 2009 the Ingham County Substance Abuse Prevention Coordinating Council will coordinate the planning and evaluation of decisions based on reliable local needs and resource assessment data, filling gaps and avoiding duplication of services as measured by:

- Interagency agreements to provide updated data on a regular basis
- Updated resource assessment and needs assessment
- A centralized system developed for data storage and access.

Objectives

- 2.1 Update the needs and resource assessment using local valid and reliable youth survey measures of incidence and prevalence of substance use, risk and protective factors and archival data
- 2.2 Analyze and match regional and local data, report and distribute findings in order to establish community awareness and a longitudinal data set.

- 2.3 Identify data gaps and address methods to collaborate to obtain and share data
- 2.4 Participate in processes to connect with state and regional entities to develop a mutually agreeable policy about the sharing of data each collect.
 - Specifically target the Epidemiological Workgroup
 - Work with MSSAC Region as a whole to advocate for a state system of data sharing
 - Encourage and support the Epidemiological Workgroup
- 2.5 Develop a central repository for data collection and dissemination. Engage local and county entities in the process of collecting and disseminating needed data to make informed substance abuse prevention decisions.
- 2.10. Evaluate all programming supported with MSSAC funds on a regular and ongoing basis.
- 2.11. Work with the “Power of We” data committee and the Data Democratization project to make data accessible to practioners and public.

Intermediate Outcome

By 2007, Ingham County will have collected and be utilizing local youth survey and archival data to assess substance abuse prevention needs, identify gaps in prevention services, focus the county’s efforts on prioritized needs, mobilize resources across the county and evaluate changes in targeted risk and protective factors and substance-using behaviors as measured by:

- An ongoing, updated needs assessment that relies on local, regional and state data
- A countywide substance abuse prevention resource assessment
- A gaps analysis

Objectives

- 2.6 Engage 60% of schools in our county in the administration of a youth survey on a regular and ongoing basis
- 2.7 Update the needs and resource assessment using local valid and reliable youth survey measures of incidence and prevalence of substance use, risk and protective factors and archival data
- 2.8 Analyze and match regional and local data, report and distribute findings in order to establish community awareness and a longitudinal data set.
- 2.9 Identify data gaps and address methods to collaborate to obtain and share data

Short-Term Outcome

By 2006, there will be collaboration within Ingham County entities to collect data and make it accessible to the community as measured by:

- Meeting summary notes
- Interagency agreements and policy changes to support data collection efforts.

Objectives

- 2.12. Identify existing data collection efforts in Ingham County
- 2.13. Collaborate with currently existing data collection sources to change policy to collect substance abuse data. (Sources included the Ingham County Youth Violence Prevention Coalition and Homeless Resolution Network).
- 2.14. Establish a data system for gaps to collect substance abuse data (efforts should include college, police, medical, adults and families).
- 2.15. Participate in a process to develop a comprehensive data system that is standardized and comparable between agencies and departments.
- 2.16. Participate in a process to engage law enforcement incarceration systems in data collection that would survey incoming inmates about their substance use and abuse.

SOLUTION

Goal 3: Alcohol/Families

By 2009, there will be reductions in alcohol misuse and abuse by adults in families Ingham County.

Long-Term Outcomes

By 2009, there will be a reduction in misuse and abuse of alcohol by parents as measured by improvements in the risk construct, "Family Conflict and Management Problems", in the Ingham County Assessing Substance Abuse Prevention data report.

Objectives

- 3.1 Establish informal and formal relationships with domestic violence and child abuse prevention and intervention providers, and family service providers located in Ingham County to address alcohol issues.
- 3.2 Build the capacity of our coalition to support, collaborate and advocate for risk and protective factors that improve family functioning.
- 3.3 Build the capacity of our coalition to support, collaborate and advocate for inclusion of substance abuse prevention in programs that provide services for co occurring and consequential behaviors.
- 3.4 Assess the strength of current family programming offered by providers through outcome evaluation.
- 3.5 Build the capacity of our community and agencies to incorporate alcohol abuse data collection and dissemination in out of home placement of children records to identify the scope of the problem and to measure improvements.

Intermediate Outcomes

By 2007, there will be a focused effort across our county to reduce alcohol misuse and abuse rates among adults in families as measured by:

- Interagency agreements to assess and address alcohol prevention needs of adults with co occurring and consequential behaviors (domestic violence, child abuse, drunk driving etc.)

- An ongoing needs assessment that relies on available surveys of adults concerning alcohol use behaviors and co-occurring and consequential behaviors.
- An ongoing resource assessment of services that target alcohol use by adult populations.
- Ongoing analyses of gaps in services that address alcohol use by adults, and selection of evidence-based, culturally appropriate prevention services.

Short-Term Outcomes

Families By 2006 the Coalition will support the funding of evidence-based prevention that match identified needs related to alcohol and community readiness to address alcohol issues and support the development of formal and informal linkages between providers, the coalition and agencies in our community including child abuse and neglect, domestic violence, and other agencies that fund efforts to reduce family discord and family management problems as measured by:

- Interagency agreements
- Established coalition meeting minutes
- Local provider budgets indicating choices to reallocate limited funds toward more effective alcohol programs, policies and practices.

Objectives

- 3.6 Support the development of a process that measures changes in alcohol abuse and misuse by parents.
- 3.7 Implement appropriate programs and processes for parents to reduce alcohol misuse and abuse.
- 3.8 Assure that program providers have the capacity to implement evidence-based alcohol prevention programs that influence alcohol misuse and abuse rates.
- 3.9 Assure program providers have the resources to assess those who may need early intervention or treatment within selected and indicated adult populations attending substance abuse prevention programs.
- 3.10 Support the leveraging of funding to provide evidence-based alcohol prevention programs and processes.
- 3.11 Leverage MSSAC funding to continue to support evidence-based parenting programs to reduce family dysfunction and discord.

SOLUTION

Goal 3: Alcohol/Youth

By 2009, there will be reductions in alcohol misuse by youth in Ingham County.

Long Term Outcomes

Youth (10 – 17) By 2009, there will be a reduction in lifetime and past month alcohol use as measured by student responses to lifetime and past month usage questions on a valid, reliable school-based youth survey implemented in Ingham County.

Intermediate Outcomes

Youth (10 – 17) By 2007, sales of alcohol products to minors will be reduced as measured by compliance check data. By 2008, there will be a decrease in other risk factors and an increase in protective factors that influence youth alcohol use as measured by the youth survey.

Objectives

- 3.12 Make connections with local schools and youth serving organizations to establish informal and formal relationships to address alcohol and parenting issues.
- 3.13 Build the capacity of our coalition to support, collaborate and advocate for risk and protective factors that influence youth alcohol rates.
- 3.14 Build the capacity of our coalition to support, collaborate and advocate for stronger measures to control access and availability of alcohol in order to reduce youth alcohol rates
- 3.15 Assess the strength of current youth programming offered by providers through outcome evaluation.

Short-Term Outcomes

Youth (10 – 17) By 2006, the Coalition will support the funding of evidence-based interventions that match identified needs related to alcohol and community readiness to address alcohol issues. The Coalition will support the development of formal and informal linkages between providers, the coalition and agencies in our community, including local law enforcement and the Liquor Control Commission that fund efforts to reduce sales of alcohol to under-aged youth as measured by:

- Interagency agreements
- Established coalition meeting minutes
- Local provider budgets indicating choices to reallocate limited funds toward more effective alcohol programs, policies and practices.

Objectives

- 3.16 Support the implementation of the Risk and Protective Factors Survey that serves the schools in Ingham County.
- 3.17 Implement appropriate programs and processes for youth to reduce alcohol use.
- 3.18 Assure that program providers have the capacity to implement evidence-based alcohol prevention programs that reduce risk levels and increase protective levels that influence youth rates.
- 3.19 Assure that program providers have the resources necessary to identify which youth are appropriate for substance abuse prevention services and those who are in need of early intervention or treatment.
- 3.20 Support the leveraging of funding to provide evidence-based alcohol prevention programs and processes.
- 3.21 Support the leveraging of MSSAC funding to continue to support evidence-based parenting programs to reduce family dysfunction and discord.
- 3.22 Have 60% of the schools in Ingham County participating in the youth survey that is funded by MSSAC.

SOLUTION

Goal 3: Alcohol/Young Adults

By 2009, there will be reductions in alcohol misuse and abuse by young adults in Ingham County.

Long Term Outcomes

By 2009 there will be a reduction of alcohol use rates among young adults as measured by DUI rates and the Capital Area Behavior Risk Factor Survey.

Intermediate Outcomes

By 2008, there will be a focused effort across our county to reduce alcohol use rates among under-aged young adults as measured by:

- Interagency agreements to assess and address alcohol prevention needs of young adults.
- An ongoing needs assessment that relies on available surveys of college students and young adults concerning alcohol use behaviors
- An ongoing resource assessment of services that target alcohol use by young adults.

Objectives

- 3.23 Establish and nurture informal and formal relationships with colleges to begin a dialogue to address alcohol issues.
- 3.24 Build the capacity of our coalition to support, collaborate and advocate for social and environmental influences that reduce a culture of drinking that passively or actively promotes the use of alcohol on campus and among young adults.
- 3.25 Build the capacity of our coalition to support, collaborate and advocate for stronger measures to control access to and availability of alcohol in order to reduce youth alcohol rates.
- 3.26 Build the capacity of the coalition to promote cooperative prevention efforts that address young adults, including high-risk drinkers, and the entire community.

Short-Term Outcomes

The coalition will work to develop formal and informal linkages between providers, colleges and agencies in the county to reduce sales of alcohol to under-aged youth and college students as measured by:

- Interagency agreements
- Established coalition meeting minutes
- Local providers indicating choices to allocate limited funds toward more effective alcohol programs, policies and practices

Objectives

- 3.27 Support the continued implementation of the NCHA survey at Michigan State University and encourage other colleges to administer the survey and have the data available for the community.
- 3.28 Support the leveraging of funding to provide evidence-based alcohol prevention programs and processes.
- 3.29 Implement appropriate programs and processes for young adults, to reduce alcohol use.

SOLUTION

Goal 3: Adults

By 2009, there will be a focused community wide effort to reduce alcohol misuse and abuse by adults in Ingham County.

Long-Term Outcomes

By 2009, there will be a focused effort in the business community, by health care providers and insurers and by law enforcement to include substance abuse prevention as an integral part of their activities as measured by the increased development and implementation of new policies, procedures and practices.

Objectives

- 3.30 Develop relationships with criminal justice systems, health care providers, EAPs, unions, business and industry, adult service providers and organizations located in Ingham County, establishing informal and formal relationships to address alcohol issues.
- 3.31 Participate in a process to develop a comprehensive data system that measures adult alcohol abuse and misuse and indicates trends and patterns.
- 3.32 Build the capacity of our coalition to support, collaborate and advocate for written substance abuse practices, policies and procedures.
- 3.33 Build the capacity of our coalition to support, collaborate and advocate for inclusion of substance abuse prevention in programs that provide services for adults.
- 3.34 Assess the strength of current adult prevention programming offered by providers through outcome evaluation.

Intermediate Outcomes

By 2007, there will be a focused effort across our county to reduce alcohol misuse and abuse rates among adults as measured by:

- Interagency agreements to assess and address alcohol prevention needs of adults.
- An ongoing needs assessment that relies on available surveys of adults concerning alcohol use behaviors and co-occurring and consequential behaviors.
- An ongoing resource assessment of services that target alcohol use by adult populations.

- An ongoing analysis of gaps in services that address alcohol use by adults, and selection of evidence-based, culturally appropriate prevention interventions

Short-Term Outcomes

By 2006, the Coalition will support the funding of evidence-based interventions that match identified needs related to alcohol and community readiness to address alcohol issues and facilitate the development of formal and informal linkages between providers, the coalition and agencies in our community and other agencies that fund efforts to reduce alcohol abuse and misuse by adults as measured by:

- Interagency agreements
- Established coalition meeting minutes
- Local provider budgets indicating choices to reallocate limited funds toward more effective alcohol programs, policies and practices.

Objectives

- 3.35 Support the development of a process that measures changes in alcohol abuse and misuse by adults.
- 3.36 Implement appropriate programs and processes for adults to reduce alcohol misuse and abuse.
- 3.37 Assure that program providers have the capacity to implement evidence-based alcohol prevention programs that influence alcohol misuse and abuse rates.
- 3.38 Assure program providers have the resources to assess among selected and indicated adult populations attending substance abuse prevention programs and those who may need early intervention or treatment.
- 3.39 Support the leveraging of funding to provide evidence-based alcohol prevention programs and processes.

SOLUTION

Goal 4: Tobacco Use

By 2009, there will be a reduction of cigarette smoking and chewing tobacco use rates and an increase in age of initiation of smoking and chewing tobacco among youth (10-17) in Ingham County.

Long Term Outcome

By 2009, there will be a reduction of cigarette smoking and chewing tobacco use rates and an increase in age of initiation of smoking and chewing tobacco among youth (10-17) in Ingham County as measured by student responses to lifetime and past month usage questions through a valid, reliable school-based youth survey implemented in Ingham county.

Intermediate Outcomes

By 2008, there will be a decrease in other risk factors and an increase in protective factors that influence youth tobacco use, as measured by the Prevention Needs Assessment Survey.

- 0.4.1 Formalize relationships (through the vehicle of interagency agreements) with community partners that have been established informally through the Capital Coalition
- 0.4.2 Formalize the capacity of the coalition, which has been built informally, to support, collaborate and advocate for stronger measures of tobacco access and availability. A formal plan with the Ingham County Health Department to regularly compile and share the results of inspection checks needs to be planned, agreed upon and implemented, in a shared fashion.
- 0.4.3 Continue to educate ISAPCC about risk and protective factors that influence youth tobacco use. Continue to garner support for collaboration and advocacy for addressing these factors.
- 0.4.4 Continue to guide the development of ISAPCC and Capital Coalition in addressing the resource assessment of services that target youth tobacco use, the analysis of gaps in services that address youth use and selection of appropriate prevention interventions (programs, policies and practices) that match population needs.

Short-Term Outcomes

By 2006, the Coalition will support the funding of evidence-based interventions that match identified needs related to tobacco and community readiness to address alcohol issues and facilitate the development of formal and informal linkages between providers, the coalition and agencies in our community and other agencies that fund efforts to reduce tobacco use as measured by:

- Interagency agreements
- Established coalition meeting minutes
- Local provider budgets indicating choices to reallocate limited funds toward more effective tobacco programs, policies and practices.

Objectives

- 0.4.5 Assure that prevention program providers have the capacity to implement evidence-based tobacco prevention programs that reduce risk levels and that increase protective levels that influence youth tobacco rates.
- 0.4.6 Assist coalition members in leveraging funding to support evidence-based tobacco prevention programs and processes through collaboration in seeking and applying for grants.
- 0.4.7 Have 60% of Ingham County schools participating in the Prevention Needs Assessment Survey. Encourage non-participating school districts to join the initiative. Assist in eliminating barriers to participation.
- 0.4.8 Investigate youth cessation programs that are research-based. Collaborate with schools and community partners to promote youth cessation offerings in Ingham County.
- 0.4.9 Promote and collaborate with MDCH and MDOE on their Partnership for Tobacco-Free Schools. This effort can assist local school districts in enforcing a

24/7 ban on tobacco use on school property and provide referral to treatment as it relates to policy.

0.4.10 Continue to support American Lung Association and Capital Coalition in their efforts to encourage local hospitals to smoke free. Two Ingham County hospitals are included in this initiative. They are Sparrow Health Care System and Ingham Regional Medical Center.

0.4.11 Support Capital Coalition in efforts to create a seamless system of smoking cessation alternatives for Ingham County residents who want to quit smoking, thereby decreasing the percentage of youth exposed to tobacco use in their families/homes.

SOLUTION

Goal 5: Methamphetamine

By 2009, there will be reduced methamphetamine availability and use in Ingham County.

Long Term Outcomes

By 2009, there will be reduced availability and use of methamphetamine in Ingham County as measured by social indicator proxy measures (e.g. arrests for production, lab seizures, use and treatment admissions).

Objectives

5.1 Work to standardize data collection based on need to better demonstrate the extent of methamphetamine use and production.

5.2 Participate in a process to engage law enforcement incarceration systems in data collection that would survey incoming inmates about their substance use and abuse, including methamphetamine.

5.3 Reduce and limit availability of ingredients needed for methamphetamine production, including ephedrine and pseudo-ephedrine, anhydrous ammonia and others.

Intermediate Outcomes

By 2007, there will be a focused effort across Ingham County for more comprehensive data collection including arrest rates, use rates and the number of methamphetamine labs as measured by:

- Calls to law enforcement agencies from first responders.
- Meeting summary notes of the coalition, including discussions around methamphetamine use and abuse
- Records of meetings and trainings (e.g. law enforcement, medical staff, etc.)
- Defined and common data collection, format and distribution to community stakeholders.

Objectives

5.4. Create a user-friendly web-based format to make data available to the community so that data regarding methamphetamine use is accurately reported.

5.5. Strengthen and solidify connections so that data collection is seamless.

5.6. Strengthen the capacity of our county coalition to support, collaborate and advocate for stronger measures of preventing access and availability of methamphetamine to reduce adult methamphetamine use.

Short Term Outcomes

By 2006, there will be increased community awareness of the growing issue of methamphetamine and planned responses among health and human service agencies, treatment and first responders as measured by:

- Record of meetings and trainings (e.g. law enforcement, medical staff, etc.)
- Information provided to community stakeholders and general public regarding methamphetamine use.

Objectives:

5.7 Strengthen and solidify connections so that data collection is seamless.

5.8 Educate health and human service providers, hospital staff, first responders and law enforcement on the evidences of methamphetamine use. Provide education to all in-home health and service providers on the dangers of methamphetamine labs, and how to recognize methamphetamine use and manufacture.

5.9 Educate health and human service providers and the general public on the issue of methamphetamine use and its symptoms and consequences.

5.10 Recruit participation in ISAPCC methamphetamine activities from local fire departments and re-establish participation from an environmental staff member from Ingham County Health Department.