

2011-2012



Ingham Substance Abuse Prevention Coalition Implementation Plan

DESCRIPTION OF EXISTING COUNTY PREVENTION SYSTEM

INGHAM SUBSTANCE ABUSE PREVENTION COALITION (ISAP)

Ingham County Prevention System:

The prevention system in Ingham County, Michigan, is built around the public health model that blends prevention programming (focusing on individuals and families) and the larger community, implementing environmental and multi-strategic approaches. Prevention efforts in Ingham County are lead by the Ingham Substance Abuse Prevention Coalition (ISAP), a formalized county-wide coalition with representation from multiple sectors in the county. Founded in 2004, our principal vision is to bring effective prevention services to our community through comprehensive collaboration. ISAP develops, plans, coordinates, implements, and evaluates comprehensive countywide strategies that addresses locally determined risk and protective factors and achieves changes in substance use behaviors prioritized by our county. We have successfully convened a wide variety of stakeholders from around the county, in health, human services, courts, law enforcement, substance abuse prevention and treatment providers, schools, colleges and universities, youth-service providers, adult employment and training agencies, faith-based community members, and city governments. Staff support is provided through collaboration between Cristo Rey Community Center and Prevention Program Services of the Eaton Intermediate School District. Contracted support services to ISAP are provided by community agencies, including the Community Coalition for Youth, Lansing Teen Court, and the Ingham County Health Department. Funding is provided through Mid-South Substance Abuse Commission (MSSAC), the Substance Abuse and Mental Health Services Agency (SAMHSA) under the Drug Free Communities Grant, and the Capital Region Community Foundation. ISAP is a member of the local Human Services Collaborative, the Power of We.

Beginning in the fall of 2004, ISAP was built from the ground up. Challenged by MSSAC to switch from direct service prevention programming and services to community mobilization and environmental change, was initially a daunting task. With the guidance of consultants and utilizing the SAMHSA Strategic Prevention Framework (SPF), ISAP staff and coalition membership began to understand and appreciate the impact SPF could have on our community. Our commitment to SPF made it possible for ISAP to write for and receive a Drug Free Communities Grant in 2007, one of only 112 awarded nationwide.

The work of ISAP is divided among six key areas: Capacity (including media and communications), Data, Adult Use of Alcohol and Tobacco and Parental Involvement in Youth Use, Youth Use of Alcohol, Tobacco and Other Drugs, Community Norms, and Family Management. We conducted an initial needs and resource scan of the county prevention and prevention-related programming and services. We reviewed local data, selected key indicators, developed problem statements, prioritized those problems, and categorized the problem statements into workgroups. The workgroups built logic models around their problem statements, identifying consumption patterns, contributing factors and supporting data, intervening variables, and strategies to address the problems. Initially, process measures were put in place. As our capacity grew and our strategies refined, measureable outcome evaluation was the logical next step. Short-term, intermediate, and long-term outcomes addressing and impacting our key data indicators will be the final test of our success, and are a critical part of our planning process. We then organized the six key areas into four goals to align with the MSSAC strategic plan. Those goal areas are Capacity, Alcohol, Tobacco, and Prescription Drugs, including medical marijuana.

ISAP Formal Coalition Structure and Linkages:

ISAP membership consists of fifteen voting members with a signed letter of agreement, and over twenty non-voting community partners who support the work of ISAP. The voting members include Michigan State University's Olin Health Center, Child and Family Services, Lansing Teen Court, Lansing School District, Ingham County Sheriff's Office, Ingham Intermediate School District, Lansing Police Department, Pastor Jacque McDaniel of Worship International Church, Prevention Program Services, Ingham County Health Department, Cristo Rey Community Center, Vittoz Computer Consulting, Community Coalition for Youth, and private citizens of Ingham County Dawn Kepler, Rod Macdonald, and Marie Hansen. Additional contributing partners with non-voting status (no signed letter of agreement) include Michigan Department of Human Services, National Council on Alcoholism, Office of Juvenile Justice, American Lung Association, Capital Area Michigan Works/Eagle vision, Pfizer U.S. Medical, LAAN, Tri-County Metro Narcotics, Bureau of Substance Abuse and Addiction Services, The Lansing Lugnuts, Ingham Change Initiative, Capital Area Health Alliance, Eaton County Substance Abuse Advisory Council, Clinton Substance Abuse Prevention Coalition, Responsible Hospitality Council, St. Vincent Catholic Charities, Tri County Office on Aging, Michigan Alcohol Policy, Life of an Athlete, Michigan State University Celebratory Events Committee, and the Power of We Human Services Collaborative. The By-Laws of the coalition permit one vote per agency. Full By-Laws are available at www.drugfreeingham.org. ISAP meets monthly, and combines educational topics with working sessions for individual workgroups. ISAP developed workgroups around consequence areas, using problem statements and data prioritized in 2006. ISAP also has planning committees that operate to oversee the administration of the coalition. (Figure 2, page 8).

Community Readiness in Ingham County and within ISAP:

ISAP has both the privilege and bane of operating in a largely populated, unique county. Ingham County has over 1,400 acres of parkland devoted to sports and recreation. In the heart of our county, there is a Big Ten University, one of the finest Community Colleges in the country, and two law schools. Ingham County is a blend of urban "city life", small town charm, suburbs, and even farmland dotting the landscape. We have a minor league baseball team, a zoo, and a County Fair. We have concerts, a symphony, arts, theatre, gardens, cool neighborhoods, and the state Capital. County residents can enjoy the change of seasons along the banks of the Red Cedar River, the Grand River, or Lake Lansing. On any given weekend there is plenty to do with both indoor and outdoor events including music festivals, art fairs, concerts, and "tourist in your own town" events. Our county has dog parks, water sports, river trails, a farmers' market, old-fashioned drive-in restaurants, major shopping malls and five-and-dimes. Like many communities, alcohol plays a major part in the activities our county residents enjoy. Tailgating is a big part of football Saturdays at Michigan State, "Thirsty Thursdays" at Lansing Lugnuts baseball games, beer tents at Festivals, and, since 2010, alcohol is now sold at the local county fair. ISAP has only begun to scratch the surface of overall community readiness. However, we have made some inroads into smaller communities and pockets of populations. We still have a long way to go, and analyzing our community norms survey and reacting strategically is a critical part of our ongoing efforts in Ingham County.

Internally, ISAP has a vital core of agencies that consistently engage in ISAP activities, planning, and implementation. Our overall strengths were recently identified as "having a good understanding of the Strategic Prevention Framework and prevention knowledge, our relationship with the school districts in Ingham County (Particularly the Lansing School District), law enforcement, and Michigan State University, and our professional membership and collaboration." These are good indicators of readiness and capacity to complete the goals and objectives outlined in our Strategic and Implementation plans. Conversely, our weaknesses indicate "members are asked to do too much work for coalition on top of individual agency duties, our lack of visibility in the county, a need for greater ethnic and racial diversity on the coalition and involvement of diverse youth, and that our goals are too lofty-trying to take on too much at once." This indicates we have to build capacity in our internal readiness as well. ISAP continues to monitor our own capacity and well-being of the coalition, as well as our membership satisfaction, through annual anonymous electronic survey instruments, which is included in our annual evaluation plan.

A note about Medical Marijuana:

Since enacted in April of 2009, medical marijuana and the resulting impact of the law have become an issue in Ingham County. The Lansing area alone has 44 medical marijuana dispensaries, even with a six-month moratorium enacted by the Lansing City Council. ISAP has positioned itself as the leader in county for information regarding prevention and medical marijuana, as indicated by requests to testify and senate judicial hearings, advocacy days at the Capitol, and state conferences. The ISAP medical marijuana Task Force made recommendations surrounding the law as a first step. We have an informational handout with these recommendations, as well as a description of the law. ISAP feels maintaining capacity around this problem is critical to the health and well being of our county residents.

Qualifications and Credentials of ISAP prevention staff:**Harriett Dean, Coalition Coordinator, Prevention Program Services**

Harriett holds a Master of Science, Administration in Human Resources (Central Michigan University), a Bachelor of Science in Human Ecology (Michigan State University), and is a Certified Prevention Specialist through the Michigan Certification Board for Addiction Professionals. She has been with Eaton Intermediate School District for sixteen years, the last six of which have been in Prevention Program Services. She completed the CSII Applied Pathways Process Immersion Training in November of 2006. She serves on the Mid-South Regional Strategic Planning Collaborative, the Mid-South Regional Epidemiological Workgroup, and the State Evidence Based Practice Workgroup through the Bureau of Substance Abuse and Addiction Services. She is committed to the Strategic Prevention Framework and building outcome-based prevention in Ingham County.

Micki Fuhrman, Coalition Staff, Prevention Program Services

Micki Fuhrman holds a Bachelor of Science degree in Psychology from Michigan State University, and is a Certified Prevention Consultant with the Michigan Certification for Addiction Professionals, and an Internationally Certified Prevention Specialist through the International Certification & Reciprocity Consortium. Micki is a Certified Michigan Model Trainer, Certified Instructor of Nonviolent Crisis Intervention, and a PAL (Peer Assistance and Leadership) trainer. Micki has been with Eaton Intermediate School District, Prevention Program Services for 12 years, prior to which she served contractually, teaching Parent Education for 8 yrs. She was instrumental in the development of the Ingham Substance Abuse Prevention Coalition, has successfully completed both Prevention Academy (2003), and Pathways Immersion Training (2006), and represents ISAP on the Power of We, Ingham Change Initiative, Michigan Coalition to Reduce Underage Drinking, and Tri-County Alcohol Awareness Committee. Micki is the School Coordinator for the Drug-Free Communities Grant.

Sara Lurie, Coalition Staff, Prevention Program Services

As Prevention Supervisor of EISD/PPS and staff to ISAP, Sara has been a Certified Prevention Consultant since 2008. She is also a Certified Advanced Addictions Counselor through MCBAP. She has a Masters of Counselor Education degree and is a licensed Master Social Worker in the State of Michigan. Sara has managed the operations of a PPS/EISD, a multi-grant funded comprehensive prevention program serving the tri-county area since 2002. She coordinates the staffing of ISAP and serves on multiple committees for the coalition. She also sits on the Board of Directors for Prevention Network. She serves on the Mid-South Regional Strategic Planning Collaborative, the Mid-South Regional Epidemiological Workgroup, and the State Coalition Workgroup through the Bureau of Substance Abuse and Addiction Services.

Carol Patterson, Coalition Staff, Cristo Rey Community Center

Carol Patterson is the Director of Cristo Rey Behavioral Health and Prevention Services. She is a Michigan Licensed Master Social Worker (LMSW); a Michigan Certified Advanced Addiction Counselor (CAAC); an Internationally Certified Advanced Alcohol & Drug Counselor with the International Certification & Reciprocity Consortium (ICAADC); State of Michigan Certified Clinical Supervisor (CCS); is pursuing the Prevention Specialist/Consultant Certification (CPS), (CPC), and has a professional development plan as a Prevention Specialist registered with Michigan Certification Board for Addiction Professionals (MCBAP). Carol is Program Director for the Drug Free Communities Grant and she has worked in the field of Substance Abuse Addiction and Prevention for over 23 years.

Karen Waters, Coalition Staff, Cristo Rey Community Center

Karen Waters has served as a Prevention Specialist for Cristo Rey Community Center since November, 2003, and is a member of the Ingham Substance Abuse Prevention (ISAP) Coalition. Karen has also been designated to be the Community Organizer for the Drug Free Communities Grant as of October 2010. Karen has worked in the field of Substance Abuse Addiction and Prevention for 21 years. Karen has a Bachelor of Social Work degree and a development plan on file with Michigan Certification Board for Addiction Professionals (MCBAP) to receive certification. She has worked with Ingham County law enforcement on compiling alcohol compliance checks data and provided vendor education. Karen has also worked with ISAP to get parenting PSAs to secondary schools throughout the county, co-coordinated youth media trainings, worked cooperatively with child welfare agencies in the county to provide opportunities for foster care youth to participate in prevention activities, and provided technical assistance in drug free worksite components to businesses throughout the county.

Linda Lewis, Coalition Staff, Cristo Rey Community Center

Linda Lewis joined the Cristo Rey Community Center in Prevention in October, 2010. Linda is an immediate past Eaton County Commissioner and formerly served as an Ingham County Commissioner. Linda has a degree in Psychology; she has experience in community organizing, public policy, and public administration. She has held positions with the Michigan League for Women Voters, worked in prevention of homelessness and a variety of other human services settings. Linda has a registered development plan through MCBAP and is working towards certification.

Mike Botke, Teen Court, Coalition subcontractor

Mike holds a BA Degree in Psychology and has worked professionally in directing prevention, intervention education focused programs and services in a Child Care & Development Center, Youth Development & Recreation Center and currently directing The Teen Court Juvenile Justice Diversion Program, recently merged with Child and Family Services, Capitol Area. Mike is currently working on a Prevention Specialist Credential having completed over 30 hours of training. He has taken and passed the MCBAP Certification test and expects to have his certification by September 2011.

Amy Moore, Ingham County Health Department, Coalition subcontractor

Amy Moore, BS, MPA, serves as the Prevention Program Coordinator for the Ingham County Health Department. She has 19 years in Prevention and 20+ years in Advocacy. ICHD has been pursuing Certified Prevention Specialist certification for both Amy Ann Moore and Sarah Kenney. She serves as a Grant Manager, Coordinator of the Tobacco Retail Licensing and Enforcement Project, and serves as DYTUR for Ingham County. Training Projects include: Master Trainer for Quit-Tobacco Workshops, Not on Tobacco, and Adolescent Tobacco Abuse Cessation (ATAC). Trained to teach the following programs: Freedom From Smoking, Teens Against Tobacco Use. She is also trained in TIPS and ServSafe Alcohol, and Most Teens Don't. The Ingham County Health Department applied for Prevention Licensure in June of 2011.

Identified Training Needs of Staff, Coalition Members, and ISAP networks

Training needs were identified during the June 23, 2011 Mid-South Substance Abuse Commission Coordinators Quarterly meeting. After discussion, the selected topics for regional training topics for 2011-2012 include:

1. **Prevention 101 (Joel Hoepfner, MSSAC)**
2. **Selecting Evidence-Based Strategies and Programs (Trainer TBD)**
3. **Health Disparity, Understanding the Framework of Poverty, and Cultural Competency (ICHHD and Anne Barna)**
4. **Data, Outcome Measurements and Evaluation (Anne Barna, BEHD)**
5. **Preventing Prescription Drug Abuse (Amy Moore, ICHD)**

Ingham County Strategic Plan Goal Areas

The Ingham County Strategic Plan for 2010-2015 aligns with the Mid-South Regional Strategic Plan, with four goal areas: Capacity, Alcohol, Tobacco, and Prescription Drug Use. Ingham County also identified key indicators for the county that are tracked over time. The goals and objectives in the Strategic Plan include the following:

Goal 1 - Capacity Building and Data

ISAP will continue to build infrastructure to sustain substance abuse prevention in communities and institutionalize the SPF five steps, as evidenced by the following:

Goal 2 – Alcohol

To reduce alcohol involved traffic fatalities, injuries, and crashes due to the use/misuse of alcohol by youth and adults in Ingham County.

Goal 3 – Tobacco

Tobacco use by Adults and Youth, second-hand smoke (ETS) exposure contribute to tobacco-related deaths in the Tri-County region of Clinton, Eaton, and Ingham Counties

Goal 4 - Prescription Drug Use (including medical Marijuana)

To reduce poisonings and deaths due to over-the-counter and prescription drug misuse and abuse by youth and adults in Ingham County.

Key Indicators in Ingham County:



Figure 1

Evaluation Efforts in Ingham County:

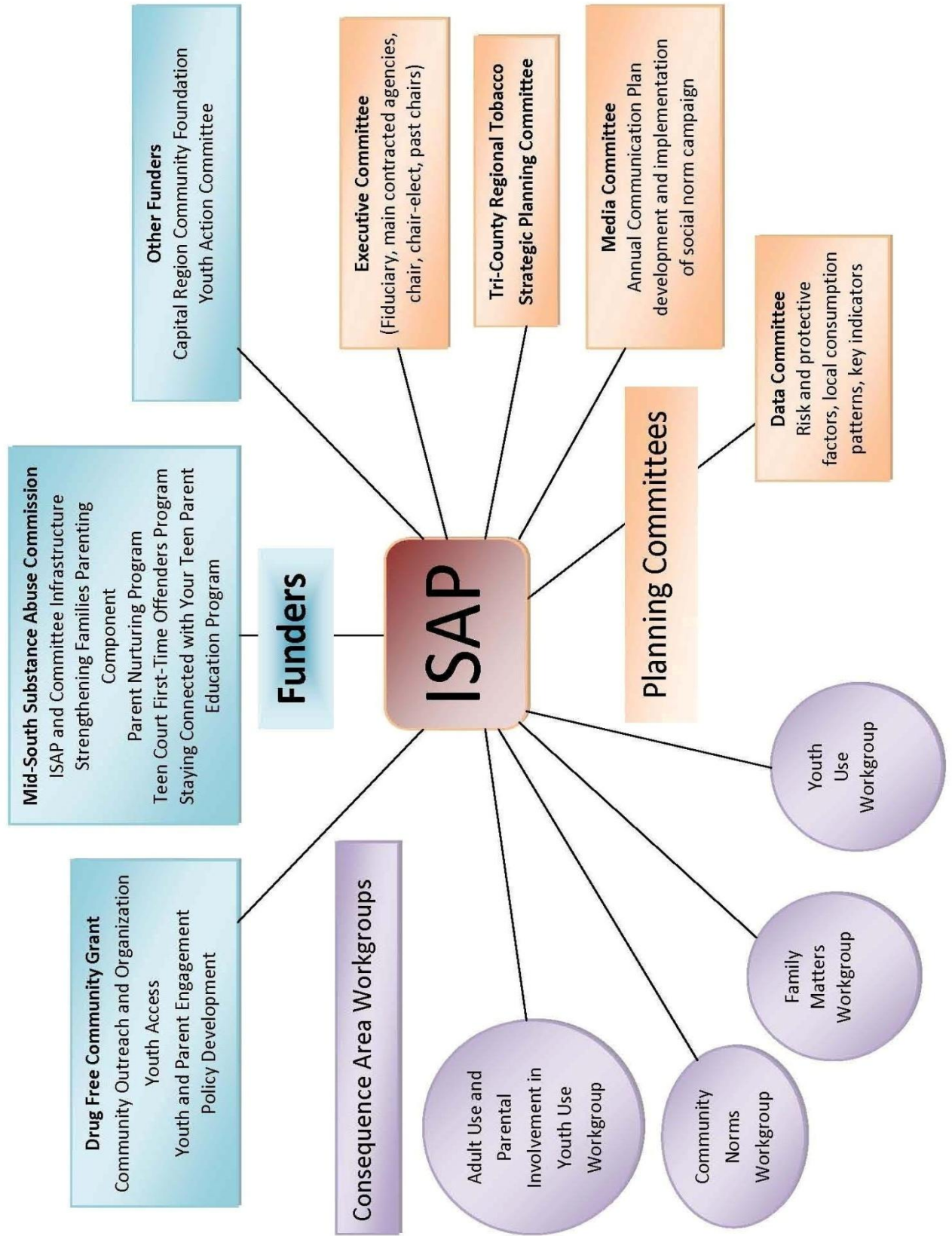
ISAP will evaluate its effectiveness in the county by reporting annually on the progress of achieving goals and objectives in the strategic plan, and progress on the key indicators listed above in figure 1. ISAP will continue the statistical analysis of all funded educational programs by an Evaluator. Matched pre and post surveys will be statistically analyzed using frequency (the number of time a particular response occurs on a survey, the mean, or center point in which a set of responses tends to fall, and a t-Test, compares the pre and post surveys to determine if there is a statistically relevant change in program participants knowledge, skills, attitudes and/or behavior. All evaluation results will be compiled by the evaluator and published on an annual basis for presentation to ISAP and Mid-South.

Next Steps in sustaining Ingham County's Prevention System:

With a commitment to the SPF, ISAP has been able to develop and deepen its capacity to prevent substance abuse in Ingham County. ISAP is clearly focused on goals and specific objectives which are met annually. Funding for ISAP has been consistent for the past five years.

In order to sustain the coalition's efforts in prevention, ISAP must:

- ✓ Be prepared for the changes in ISAP's leadership and membership and
- ✓ Continually develop ISAP's human resources to maintain a strong and engaged coalition
- ✓ Stay current with changing community needs and modify our strategies as needed
- ✓ Continue to form effective partnerships
- ✓ Provide training to members and to the region
- ✓ Strive to become culturally competent and maintain that competence
- ✓ Be prepared to respond to potential barriers to meeting our goals
- ✓ Determine the resources required to meet our objectives
- ✓ Seek out and secure diverse funding for coalition initiatives
- ✓ Successfully communicate our goals to the community
- ✓ Market ISAP as a leader in prevention



2011-2012 IMPLEMENTATION PLAN

INGHAM SUBSTANCE ABUSE PREVENTION COALITION

Goal 1: Capacity Building

Objective 1: Operations of ISAP

- **CAPACITY BUILDING STRATEGY:** (1.1) Operations and Capacity of the Ingham Substance Abuse Prevention Coalition (ISAP).
- **MILESTONES:** (1.1.1) Annual Implementation Plan written and approved by majority roll call vote; (1.1.2) Coordinated and completed agency action plans for all funded agencies semi-annually; (1.1.3) A minimum of two grants submitted for braided funding to Drug Free Communities, STOP Act if available, Capital Region Community Foundation, and other grant sources as appropriate. (1.1.4) ISAP will update Logic Models annually utilizing the Connecting Priority Needs to Strategies and Evaluation Measures template (1.1.5) Coordinate and submit quarterly reporting for all funded agencies. (1.1.6) Maintain fiduciary responsibilities not listed above including initiating subcontracts, providing oversight to funded agencies, and support of completion of outcomes. Also input relative Substance Use Disorder Prevention Data System (SUDSDS), oversee licensure and certification of county prevention system, and training and guidance as needed. Support treatment providers in the ROSC transition as needed.
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following)**
 - Information Dissemination
 - Community Mobilization
 - Environmental (Policy Change)
 - Education
 - Alternatives
 - Problem ID & Referral
- **START DATE (MM/YYYY):** 10-1-2011
- **END DATE (MM/YYYY):** 9-30-2012
- **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE CAPACITY BUILDING STRATEGY:** Prevention Program Services
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$30,500

Goal 1: Capacity Building

Objective 2: Media and Communications of ISAP, including responsible drinking

- **CAPACITY BUILDING STRATEGY:** (1.2.1) Media and Communications of ISAP and (1.2.2) Coordination of use of responsible drinking strategy at Lansing Lugnuts, Common Ground, Chili cook-off, Old Town festivals and other venues county wide. (1.2.3)
- **MILESTONES** (1.2.1) ISAP will update and implement the Media and Communications Plan for 2011-2012 as approved by the ISAP Media committee; (1.2.2) Responsible Drinking strategy in place at the Lansing Lugnuts as outlined in the MOU and reported in annual evaluation report. (1.2.3)
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following)**
 - Information Dissemination
 - Education

Community Mobilization
 Environmental (Policy Change)

Alternatives
 Problem ID & Referral

- **START DATE (MM/YYYY):** 10-1-2011
- **END DATE (MM/YYYY):** 6-30-2012
- **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE CAPACITY BUILDING STRATEGY** Prevention Program Services
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY: \$25,500**

Goal 1: Capacity Building

Objective 3: Data and Evaluation

- **CAPACITY BUILDING STRATEGY:** (1.3.1) Annual Coalition Evaluation: ISAP will evaluate its effectiveness on the progress of achieving goals and objectives in the strategic plan and include progress on key indicators. (1.3.1-2) ISAP will coordinate the collection of data of pre-and post surveys for ISAP funded education programs and coordinate submission of findings to a contracted professional evaluator for statistical evaluation (1.3.1-1) ISAP will work with Teen Court to improve and analyze their pre and post surveys for statistical analysis. This evaluation may include appropriate standard deviation, histograms, and paired T-test and resulting critical values. Findings will be reported to ISAP and included in the annual coalition evaluation report.
 - **MILESTONES** (1.3.1 and 1.3.1-2) Annual evaluation Report published and reviewed by ISAP/MSSAC with recommendations for improvement, including all funded educational programs, coalition self-evaluation, and progress on key indicators (1.3.1-3) Teen Court and Cristo Rey statistical evaluation included in the ISAP Annual Evaluation Report
 - **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following)**
 Information Dissemination
 Community Mobilization
 Environmental (Policy Change)
 Education
 Alternatives
 Problem ID & Referral
 - **START DATE (MM/YYYY):** 7-1-2011
 - **END DATE (MM/YYYY):** 9-30-2012
 - **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE CAPACITY BUILDING STRATEGY:** Prevention Program Services
 - **REQUESTED FUNDING FOR IDENTIFIED STRATEGY: \$20,263**
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- **CAPACITY BUILDING STRATEGY:** (1.3.2) Cristo Rey will coordinate the collection, data entry, and storage of data of pre-and post surveys for the three education prevention programs at Cristo Rey and submit findings to an external professional evaluator for statistical evaluation. Findings will be reported by to ISAP and included in the annual coalition evaluation report.
- **MILESTONES** (1.3.2) Annual evaluation report submitted to fiduciary and reviewed by ISAP/MSSAC of the 3 funded educational prevention programs at Cristo Rey.
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following)**

<input type="checkbox"/> Information Dissemination	<input type="checkbox"/> Education
<input checked="" type="checkbox"/> Community Mobilization	<input type="checkbox"/> Alternatives
<input type="checkbox"/> Environmental (Policy Change)	<input type="checkbox"/> Problem ID & Referral
- **START DATE (MM/YYYY):** 10-1-2011
- **END DATE (MM/YYYY):** 9-30-2012
- **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE CAPACITY BUILDING STRATEGY:** Cristo Rey Community Center
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$3,800

- **CAPACITY BUILDING STRATEGY:** (1.3.3) Data Collection and use: ISAP will utilize local data and school survey results to guide local prevention planning (1.3.3-2) Ingham County Schools taking the 2012 MiPHY will be offered technical assistance utilizing results. (1.3.3-3) Align the Substance Abuse in the Capital Area Report with the Ingham County Substance Abuse Outcome Evaluation Monitoring Tool to avoid duplication of services and consistency throughout the county.
- **MILESTONES** (1.3.3) Development of at least one action plan targeting youth use involving youth, parents, and community stakeholders (1.3.2-2) Action plan for engaging districts in the use of MiPHY data developed. (1.3.2-3) Substance Abuse in the Capital Area Report aligned with Ingham County Substance Abuse Outcome Evaluation Monitoring Tool.
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following)**

<input type="checkbox"/> Information Dissemination	<input type="checkbox"/> Education
<input checked="" type="checkbox"/> Community Mobilization	<input type="checkbox"/> Alternatives
<input type="checkbox"/> Environmental (Policy Change)	<input type="checkbox"/> Problem ID & Referral
- **START DATE (MM/YYYY):** 1-1-2012
- **END DATE (MM/YYYY):** 9-30-2012
- **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE CAPACITY BUILDING STRATEGY** Prevention Program Services
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$19,200

Goal 1: Capacity

Objective 4: Capacity for Prescription Drug Use Strategies – Medical Marijuana

- **CAPACITY BUILDING STRATEGY:** (1.4.1) Lack of infrastructure and capacity to collaborate with local law enforcement on medical marijuana law issues, advocate for clarification of the medical marijuana laws, local ordinances, and enforcement. Review local pertinent and MiPHY Youth Use of Marijuana data for Ingham County and advocate as needed.
 - **MILESTONES:** (1.4.1) ISAP will make recommendations for action steps around Marijuana data and MiPHY data results and presented to ISAP/MSAAC.
 - **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**
 - Information Dissemination
 - Community Mobilization
 - Environmental (Policy Change)
 - Education
 - Alternatives
 - Problem ID & Referral
 - **START DATE (MM/YYYY):** 10-1-2011
 - **END DATE (MM/YYYY):** 9-30-2012
 - **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY:** Prevention Program Services
 - **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$9,807
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- **CAPACITY BUILDING STRATEGY:** (1.4.2) Create a Five-year Logic Model for Prescription Drugs including medical marijuana and disposal of controlled substances for the Tri-County Community. Evaluate the logic model and create an advisory group for the tasks and plan accountability. Raise community awareness of the plan within the year.
- **MILESTONES:** (1.4.2) Logic model developed and approved by ISAP
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**
 - Information Dissemination
 - Community Mobilization
 - Environmental (Policy Change)
 - Education
 - Alternatives
 - Problem ID & Referral
- **START DATE (MM/YYYY):** 1-1-2011
- **END DATE (MM/YYYY):** 9-30-2011
- **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY:** Ingham County Health Department
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$14,320

Goal 1: Capacity

Objective 5: Capacity for ISAP Support of Healthy Communities in Ingham County

- **CAPACITY BUILDING STRATEGY:** (1.5) Increase and expand capacity to incorporate wellness initiatives in Ingham County schools and communities. (1.5.1) ISAP Staff will work with Child and Family Services and Teen Court to further develop and pilot youth and parent early intervention programming. (1.5.2) Coordinate local data and school survey results to guide health, wellness and prevention programming and assist Coordinated School Health Teams in two Ingham County School districts (East Lansing and Lansing) (1.5.3) Staff and coordinate the efforts of the Capital Area Suicide Prevention Committee. (1.5.4) Build capacity to increase trained TIPS Trainers in Ingham County. At least two TIPS trainings conducted with appropriate pre and post-surveys completed and included in the ISAP annual report. (1.5.5) Oversee capacity and planning of the Tri-County Tobacco Strategic Planning Committee.
 - **MILESTONES:** (1.5.1) Summary of early intervention efforts and evaluation included in the ISAP annual Evaluation Report (1.5.2) Coordinated School Health Plans developed with Action Plan for implementation (1.5.3) Meeting minutes, agendas, initiatives documented with Action Plan developed. (1.5.4) Increase the number of ISAP TIP Trainers and offer a minimum of two trainings for supervising staff at alcohol outlets. (1.5.5) Maintain annual work plans and action plans for Ingham, Clinton, and Eaton counties for the Tri-County Tobacco Strategic Plan.
 - **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**

<input type="checkbox"/> Information Dissemination	<input type="checkbox"/> Education
<input checked="" type="checkbox"/> Community Mobilization	<input type="checkbox"/> Alternatives
<input type="checkbox"/> Environmental (Policy Change)	<input type="checkbox"/> Problem ID & Referral
 - **START DATE (MM/YYYY):** 10-1-2011
 - **END DATE (MM/YYYY):** 9-30-2012
 - **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY:** Prevention Program Services
 - **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$21,179
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Goal 2: Alcohol

Objective 1: Community Norms

- **STRATEGIC PLAN OBJECTIVE:** (2.1.1) **Community Norms:** To correct the misperceived community norms involving use/misuse
- **EVIDENCE-BASED STRATEGY:** (2.1.1) Using purchased and in-kind media, ISAP will continue implementation of the social norm campaign “Most Teens Don’t” and phase II of the layered media strategy plan in year two of a five-year plan. This plan includes Clinton, Eaton, and Ingham Counties in conjunction with CSAP and ECSAAG and the Tri-County Tobacco Strategic Plan. This strategy designates funding for purchased media for both

Goal 2: Alcohol

Objective 2: Enforcement and Adjudication

- **STRATEGIC PLAN OBJECTIVE:** (2.2.2) **Enforcement and Adjudication:** To support and enhance the effective enforcement and adjudication of alcohol involved violations
 - **EVIDENCE-BASED STRATEGY:** (2.2.2) Engage businesses in the inclusion of written substance abuse practices, policies and procedures in their employee handbook. Gather data regarding their concerns about protocol for assisting employees with substance abuse issues.
 - **MILESTONES:** (2.2.2) A minimum of five employers/business owners will receive technical assistance on drug free worksites from ISAP staff. Results of employer protocol for dealing with substance abuse in the workplace will be reported to ISAP and key stakeholders
 - **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**
 - Information Dissemination
 - Education
 - Community Mobilization
 - Alternatives
 - Environmental (Policy Change)
 - Problem ID & Referral
 - **START DATE (MM/YYYY):** 10-1-2011
 - **END DATE (MM/YYYY):** 9-30-2012
 - **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY:** Cristo Rey Community Center
 - **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$11,630
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Goal 2: Alcohol

Objective 3: Social Availability

- **STRATEGIC PLAN OBJECTIVE:** (2.3.1) **Community Norms:** To correct the misperceived community norms involving use/misuse
- **Social Availability:** Reduce youth social access to alcohol and to impact adult social access to alcohol.
- **EVIDENCE-BASED STRATEGY:** Cristo Rey will Implement evidence based family prevention education programs that include increasing parenting skills and practice in developing, discussing, and enforcing family policies on substance abuse. (2.3.1) Provide fifteen, ten-session educational programming, for parents of infants, toddlers, and children using the Parent Nurturing Curriculum serving an estimated 140 parents of infants, toddlers, and children to be enrolled in the Parent Nurturing Program. (2.3-2) Provide six seven-session parent and teen educational programming called Roots and Wings using the Strengthening Families curriculum designed to decrease risk factors and enhance protective factors to increase personal and family success. An estimated 120 clients (parents and teens) will be enrolled in Roots and Wings. The 2 programs will serve approximately 260 clients. (2.3-3) Cristo Rey will submit grants to braid funding to support Parenting Education programming.

- **MILESTONES:** (2.3-1) 85% of the parents who successfully complete the Parent Nurturing Program will not have a child removed from the home within 6 months of program completion. (2.3-2) 80% of parents enrolled in the Parent Nurturing Program will show an increase in knowledge; attitudes and behaviors that reflect improved family management skills via pre and posttests. (2.3-3) 85% of parents who successfully complete the Parent Nurturing Program will not have a substantiated CPS complaint within 6 months of program completion. (2.3-4) 80% of parents enrolled in Roots and Wings will increase their knowledge, attitudes and behavior that reflect improved expectations for behavior, more consistent discipline, and more consistent rewards given for good behavior as indicated by pre and post test results. (2.3-5) 80% of youth enrolled in Roots and Wings will indicate that family rules are clearer upon program completion, via pre and post test surveys. (2.3-6) Programming results will be included in the ISAP annual evaluation report. (2.3-7) a minimum of three grants will be submitted to sustain Parent Education programming
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**
 Information Dissemination Education
 Community Mobilization Alternatives
 Environmental (Policy Change) Problem ID & Referral
- **START DATE (MM/YYYY):** 10-1-2011
- **END DATE (MM/YYYY):** 9-30-2012
- **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY.** Cristo Rey Community Center
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY: \$49,673**

- **STRATEGIC PLAN OBJECTIVE:** (2.3.3) **Social Availability:** Reduce youth social access to alcohol and to impact adult social access to alcohol.
- **EVIDENCE-BASED STRATEGY** (2.3.3) ISAP will implement a SAMHSA prevention program “Children of Addicted Parents”, conducting 8 six session workshops designed to assist 60 high risk youth of addicted parents to increase protective factors and decrease risk factors
- **MILESTONES:** (2.3.3-1) 75% of youth will demonstrate an increased perception of risk associated with the use of substances and an increased perception of risk of addiction if they use substances. (2.3.3-2) 75% of the youth will demonstrate an increase in knowledge about addiction. (2.3.3-3) 75% of youth will develop an identified safe support system. (2.3.3-4) 75% of youth will improve coping skills to help them with having an addicted parent. (2.3.3-5) Program outcomes will be analyzed for statistical evaluation and included in the annual ISAP evaluation report.
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**
 Information Dissemination Education
 Community Mobilization Alternatives
 Environmental (Policy Change) Problem ID & Referral
- **START DATE (MM/YYYY):** 10-1-2011

- **END DATE (MM/YYYY):** 9-30-2012
- **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY:** Cristo Rey Community Center
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$17,990

- **STRATEGIC PLAN OBJECTIVE:** (2.3.4) **Social Availability:** Reduce youth social access to alcohol and to impact adult social access to alcohol.
- **EVIDENCE-BASED STRATEGY:** (2.3.4-1) Teen Court will provide a Juvenile Justice Diversion Program, affording first-time juvenile Respondents (offenders) the opportunity to take personal responsibility for a criminal offense committed without establishing a formal juvenile record. Up to 225 juvenile respondents ages 11-16 will participate in the diversion option, with 90% of Youth entering teen court completing program requirements and final disposition issued by peer jury. Up to 650 Teen Jury members will be trained and participate in Teen Court Hearing duty. (2.3.4-2) Expand Parent support services provided to Teen Court parents. (2.3.4-3) Child and Family Services will pilot an early intervention and pre-treatment screening, (including an electronic JIF screen) particularly for youth who are not adjudicated in Ingham County, and expand on the Nexus/Teen Court Early Intervention Program. The proposed Nexus/Teen Court Early Intervention Program will increase the number of youth screened as well as add early intervention group based upon the evidence based Street Law Workshop model of services to the menu of available referrals. The Nexus Program is funded by the Ingham County Juvenile Justice millage to provide screening, assessment and referral to Ingham County youth at risk of involvement in the juvenile justice program. The workshops are designed to give participants accurate information using topics that speak to challenges teens face today, educate them regarding the consequences of delinquent behavior and encourage them to make better choices. The program will also include an evidence-based curriculum program based on Street Law. ISAP will work with the Lansing School District to pilot the program in one middle school during the 2011-2012 school year
- **MILESTONES:** (2.3.4-1) Teen Court Program outcomes will be analyzed for statistical evaluation and included in the annual ISAP evaluation report. (2.3.4-2) Action plan developed and potential funding solicited. (2.3.4-3) Action Plan for pilot developed and pilot program introduced.
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**

<input type="checkbox"/> Information Dissemination	<input checked="" type="checkbox"/> Education
<input type="checkbox"/> Community Mobilization	<input type="checkbox"/> Alternatives
<input type="checkbox"/> Environmental (Policy Change)	<input type="checkbox"/> Problem ID & Referral
- **START DATE (MM/YYYY):** 10-1-2011
- **END DATE (MM/YYYY):** 9-30-2012
- **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY:** Child and Family Services and Lansing Teen Court
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$74,751 (Teen Court \$39,000 and Nexus/Teen Court Early Intervention development and pilot program \$35,751)

- **STRATEGIC PLAN OBJECTIVE:** (2.3.4) **Social Availability:** Reduce youth social access to alcohol and to impact adult social access to alcohol.

- **EVIDENCE-BASED STRATEGY:** (2.3.5-1) Conduct the Staying Connected with Your Teen validated parent education program, with 75% of parents completing the program will exhibit increased understanding of their role as a parent in youth behaviors. An estimated 40 caregivers will participate in the workshop series to address family risks and enhance protective factors to increase personal and family success. (2.3.5-2) Expand “Staying Connected with your Teen classes to integrate parents of non pre-adjudicated youth engaged in the Nexus/Street Law program. Pre and post surveys will be conducted and results included in the annual evaluation report.
-
- **MILESTONES:** (2.3.5-1 and 2) Evaluation results will be included in the ISAP year end evaluation report.
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**

<input type="checkbox"/> Information Dissemination	<input checked="" type="checkbox"/> Education
<input type="checkbox"/> Community Mobilization	<input type="checkbox"/> Alternatives
<input type="checkbox"/> Environmental (Policy Change)	<input type="checkbox"/> Problem ID & Referral
- **START DATE (MM/YYYY):** 10-1-2011
- **END DATE (MM/YYYY):** 9-30-2012
- **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY:** Child and Family Services and Lansing Teen Court
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$5,000

- **STRATEGIC PLAN OBJECTIVE:** (2.3.6) **Social Availability:** Reduce youth social access to alcohol and to impact adult social access to alcohol.
- **EVIDENCE-BASED STRATEGY** (2.6.1) Conduct focus groups for youth with youth from Community Mental Health, Child and Family Services, and St. Vincent’s Home for Children in the foster care system to determine protective services/prevention activities ISAP can provide to them. (2.6.2) Engage youth in the foster care system in ISAP prevention activities.
- **MILESTONES:** (2.6.1) Two focus groups with a minimum of ten youth in each group will be held with an action plan developed in collaboration with the youth and reported to ISAP/MSSAC with recommendations. (2.6.2) Action plan with recommendations for engaging youth developed and presented to ISAP and MSSAC and to include a written report at the end of the year describing foster care youth engagement in ISAP related prevention activities and any recommendations for the future.
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**

<input type="checkbox"/> Information Dissemination	<input type="checkbox"/> Education
<input checked="" type="checkbox"/> Community Mobilization	<input type="checkbox"/> Alternatives
<input type="checkbox"/> Environmental (Policy Change)	<input type="checkbox"/> Problem ID & Referral
- **START DATE (MM/YYYY):** 10-1-2011
- **END DATE (MM/YYYY):** 9-30-2012

Environmental (Policy Change)

Problem ID & Referral

- **START DATE (MM/YYYY):** 10-1-2010
 - **END DATE (MM/YYYY):** 6-30-2011
 - **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY:** Prevention Program Services
 - **REQUESTED FUNDING FOR IDENTIFIED STRATEGY: \$17,788**
-

- **STRATEGIC PLAN OBJECTIVE:** (2.3.11) **Social Availability:** Reduce youth social access to alcohol and to impact adult social access to alcohol.
 - **EVIDENCE-BASED STRATEGY:** (2.3.11) ISAP will coordinate media training opportunities for Ingham County youth using the “Most Teens Don’t campaign messages and producing public promotional materials shared with schools and community groups in Ingham County.
 - **MILESTONES:** (2.3.11) Media Training will be provided in four media classrooms in Ingham County with pre and post surveys completed and reported to ISAP. (2.3.12) an action plan will be developed for distribution of promotional materials and local reach according to the ISAP Media Communications Plan.
 - **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**
 - Information Dissemination
 - Community Mobilization
 - Environmental (Policy Change)
 - Education
 - Alternatives
 - Problem ID & Referral
 - **START DATE (MM/YYYY):** 1-1-2011
 - **END DATE (MM/YYYY):** 6-30-2011
 - **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY:** Ingham County Health Department
 - **REQUESTED FUNDING FOR IDENTIFIED STRATEGY: \$4,200**
-

Goal 2: Alcohol

Objective 4: Retail Availability

- **STRATEGIC PLAN OBJECTIVE:** (2.4.1) **Retail Availability:** To reduce youth retail access to alcohol and to impact adult retail access to alcohol
- **EVIDENCE-BASED STRATEGY:** (2.4.1-1) Alcohol compliance checks will be implemented using CMCA protocol in collaboration with local law enforcement agencies in Ingham County. (2.4.1-2) Vendor education packets and server training announcements will be delivered to those Ingham County liquor licenses who failed compliance checks.

- **MILESTONES:** (2.4.1-1) Compliance check results will be collected from Ingham County law enforcement agencies and entered into Compliance Check database/spreadsheet. (2.4.2-2) Report will be compiled at the end of the year and presented to ISAP.
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**
 - Information Dissemination
 - Education
 - Community Mobilization
 - Alternatives
 - Environmental (Policy Change)
 - Problem ID & Referral
- **START DATE (MM/YYYY):** 10-1-2011
- **END DATE (MM/YYYY):** 9-30-2012
- **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY:** Cristo Rey Community Center
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$12,741

- **STRATEGIC PLAN OBJECTIVE:** (2.4.2) **Retail Availability:** To reduce youth retail access to alcohol and to impact adult retail access to alcohol
- **EVIDENCE-BASED STRATEGY:** (2.4.2) ISAP will attend Lugnuts games and coordinate with the Lansing Lugnuts to continue implementation of alcohol compliance check efforts. (2.4.3) ISAP will collaborate with Common Ground Festival staff to collect police activity related to alcohol use; hospital emergency room admissions due to alcohol use; and ISAP member observations of the festival noting use of alcohol related activities.
- **MILESTONES:** (2.4.2) ISAP will prepare a written report with recommendations for improvement made to the Lugnuts organization and ISAP/MSSAC. Improvements will be noted from the 2 prior years of reports and further suggestions made. (2.4.3) A report will be written about the findings of alcohol related activities of the Common Ground Festival and recommendations will be made for the following year. Report will be shared with ISAP/MSSAC
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**
 - Information Dissemination
 - Education
 - Community Mobilization
 - Alternatives
 - Environmental (Policy Change)
 - Problem ID & Referral
- **START DATE (MM/YYYY):** 2-1-2012
- **END DATE (MM/YYYY):** 9-30-2012
- **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY.** Cristo Rey Community Center
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$7,378

Goal 2: Alcohol

Objective 5: Laws and Policies

- **STRATEGIC PLAN OBJECTIVE:** (2.5.1) **Laws and Policies:** To support and/or enhance laws and policies that reduce alcohol misuse.
- **EVIDENCE-BASED STRATEGY:** (2.5.1) ISAP will work to impact policy change for approval of temporary alcohol vendors. Review the local approval process for MLCC temporary alcohol vendors. Explore the suggestion that MLCC must notify local health department. City Council or County Commissioners could also require that licensees' are required to have alcohol-server training before they are approved to serve alcohol. (2.5.2) ISAP Trainers will design and implement on-line festival training with next year for community groups and festival organizers in Ingham County. (2.5.3) Verify/finalize the model Alcohol server-policy, provide police with model policy for approval and enforcement of alcohol service at temporary alcohol vendors. Target Old-Town Area to explore festivals held there and visit bars about TIPS training.
- **MILESTONES** (2.5.1) Action plan for recommendations presented to ISAP/MSSAC. (2.12.2) On-line training developed with action plan for distribution. (2.5.3) Final model selected and provided to law enforcement, action plan developed for implementing
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**
 - Information Dissemination
 - Education
 - Community Mobilization
 - Alternatives
 - Environmental (Policy Change)
 - Problem ID & Referral
- **START DATE (MM/YYYY):** 10-1-2011
- **END DATE (MM/YYYY):** 9-30-2012
- **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE BASED STRATEGY.** Ingham County Health Department
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$6,300

Goal 3: Tobacco

Objective 1: Community Norms

(See 2.3.11)

Goal 3: Tobacco

Objective 2: Laws and Policies

Goal 3: Tobacco

Objective 3: Promotion

- *No activity in this objective for 2011-2012*

Goal 3: Tobacco

Objective 4: Social Availability

- **STRATEGIC PLAN OBJECTIVE:** (3.4.1) Social Availability: to reduce social access to tobacco and impact adult social access to tobacco
 - **EVIDENCE-BASED STRATEGY:** (3.4.1) Create and distribute a listing of Quit-Tobacco Resources for 2012
 - **MILESTONES:** (3.4.1) List created and distribution complete to local service providers
 - **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**

<input checked="" type="checkbox"/> Information Dissemination	<input type="checkbox"/> Education
<input type="checkbox"/> Community Mobilization	<input type="checkbox"/> Alternatives
<input type="checkbox"/> Environmental (Policy Change)	<input type="checkbox"/> Problem ID & Referral
 - **START DATE (MM/YYYY):** 1-1-2011
 - **END DATE (MM/YYYY):** 9-30-2011
 - **AGENCY RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE-BASED STRATEGY:** Ingham County Health Department
 - **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$1,125
-

Goal 3: Tobacco

Objective 5: Retail Availability

- **STRATEGIC PLAN OBJECTIVE:** (3.5.1) Laws and Policies: to support and/or enhance laws and policies that reduce tobacco use and exposure.
- **EVIDENCE-BASED STRATEGY:** (3.5.1) ISAP will provide clerk training free in Ingham County for clerks in lieu of their first \$50 fine or stores that would like to attend the training to enhance staff proficiency. Out county vendors may attend with prior registration. (3.5.2) Create PowerPoint of the Tobacco Clerk Training and post to website with test-out ability on-line with reports delivered by email with clerk and store information. (3.5.3) Provide ISAP Coalition members with updates on the Michigan Clean Air Law twice a year – related to success of the law, health and economic impact. Develop a model Clean Air Regulation for counties in Michigan. This Regulation would replicate the Michigan Clean Air Law, to protect county smoke-free status in the event that the state law is challenged or repealed.

- **MILESTONES:** (3.5.1) Rosters, pre and post surveys, evaluation results compiled and reported to ISAP/MSAAC (3.5.2) PowerPoint created and online training live on internet, summary report included in yearend ISAP report. (3.5.3) Michigan Clean Air Law updates reflected in ISAP handouts and minutes. Clean Air regulation model policy developed and presented to ISAP/MSSAC
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**

<input type="checkbox"/> Information Dissemination	<input type="checkbox"/> Education
<input type="checkbox"/> Community Mobilization	<input type="checkbox"/> Alternatives
<input checked="" type="checkbox"/> Environmental (Policy Change)	<input type="checkbox"/> Problem ID & Referral
- **START DATE (MM/YYYY):** 10-1-2010
- **END DATE (MM/YYYY):** 9-30-2011
- **AGENCY THAT WILL BE RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE-BASED STRATEGY.** Ingham County Health Department
- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$6,300

Goal 4: Prescription Drugs

Objective 1: Social Availability:

STRATEGIC PLAN OBJECTIVE (4.1) Reduce social access to prescription drugs by youth and adults (some initiatives are *regional* in scope).

- **EVIDENCE-BASED STRATEGY:** (4.1.1) Conduct Community Scan of model prescription drug disposal initiatives across the country. This will include Key Informant Interviews of those involved in prescription drug dispersal and model disposal methods. This would include; DEA, law enforcement, pharmacy chains, independent pharmacies, physician's offices, pharmacy drug representatives, hospitals, hospice, home care, medical care, long-term care, Cristo Rey Clinic, Care Free Medical and ICHD Clinics. This initiative is *regional* in scope. (4.1.2) Develop "White Paper" on the rules and laws surrounding prescription drugs and outline Best Practices for proper disposal. Investigate rules that allow, re-use of packaged, un-expired medications. This initiative is *regional* in scope. (4.1.3) Provide assistance to support the development of prescription drug medical disposal events including controlled substances in Ingham County. This initiative is *regional* in scope. (4.1.4) Host weekly collection events, May through September, at ICHD that do not include controlled substance collection, but would promote the regional prescription drug disposal recommendations and recruit advocates. (4.1.5) Conduct Community Scan of substance abuse treatment providers, Veteran services, courts, parole officers and individuals in recovery to identify timing and location for the best opportunity for enhanced community re-entry support. As a result of the data, develop an Action Plan for "Seeking Safety" support programs in the Region and an evaluation plan to evaluate the effectiveness of both; develop safe coping and weekly participant feedback evaluations. Design a Logic Model Recommendation for Regional implementation of Seeking Safety for the 2012-15 fiscal year. This initiative is *regional* in scope and informs Regional ROSC goals.
- **MILESTONES:** (4.1.1) Completed Community Scan, report compiled results and submit report to Mid-South Substance Abuse Commission and ISAP Coalition with recommendations (4.1.2) White paper published and submitted to Mid-South Substance Abuse Commission and ISAP Coalition with recommendations (4.1.3) Two medical collection events held in the 2011-2012 for prescription medication and controlled substances. (4.1.4) Marketing materials developed that outline the Regional Prescription Drug Disposal Goals to community

members that attend the weekly spring, summer and fall collection events. (4.1.5) Action Plan for “Seeking Safety” pilot program developed, including evaluation and outcome measures. Community Scan Results, Logic Model Recommendations and participant feedback provided to the Regional ROSC Steering Committee, Mid-South Substance Abuse Commission and the ISAP Coalition.

- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**
 Information Dissemination Education
 Community Mobilization Alternatives
 Environmental (Policy Change) Problem ID & Referral
 - **START DATE (MM/YYYY):** 10-1-2011
 - **END DATE (MM/YYYY):** 9-30-2012
 - **AGENCY THAT WILL BE RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE-BASED STRATEGY.** Ingham County Health Department
 - **REQUESTED FUNDING FOR IDENTIFIED STRATEGY:** \$9,300 (Regional Initiatives)
-

Goal 4: Prescription Drugs

Objective 2: Promotion

- **No activity in this objective for 2011-2012**

Goal 4: Prescription Drugs

Objective 3: Community Norms

- **No activity in this objective for 2011-2012**

Goal 4: Prescription Drugs

Objective 4: laws and Policies

STRATEGIC PLAN OBJECTIVE: (4.4.1) **Laws and Policies:** to support and/or enhance laws and policies that reduces access and misuse of prescription drugs

- **EVIDENCE-BASED STRATEGY:** Host two medical in-services by Dr. Jack Baker, Medical Director, Mid-South Substance Abuse Commission on “Pain Management Alternatives”. One program would be provided to ICHD Medical Staff (35 staff). The second program would be opened to Clinical Staff, Residents and Community Clinics and Physician’s offices. This initiative is *regional* in scope.
- **MILESTONES:** Pre and Post surveys conducted, compiled and presented to ISAP
- **CENTER FOR SUBSTANCE ABUSE PREVENTION (CSAP) STRATEGY (please check one of the following):**
 Information Dissemination Education
 Community Mobilization Alternatives

Environmental (Policy Change)

Problem ID & Referral

- **START DATE (MM/YYYY):** 10-1-2011
- **END DATE (MM/YYYY):** 9-30-2012

- **AGENCY THAT WILL BE RESPONSIBLE FOR THE COMPLETION OF IDENTIFIED MILESTONES AND/OR PRODUCTS OF THE EVIDENCE-BASED STRATEGY.** Ingham County Health Department

- **REQUESTED FUNDING FOR IDENTIFIED STRATEGY: \$1,200**

IN-KIND CONTRIBUTIONS

FY 2011-12 Implementation Plan In-Kind Contributions		
Total In-Kind Investments from County:	Description of In-Kind	Total Value of In-Kind
Goal 1: Capacity Building	NCA meeting space (\$1,500), Chair and Chair Elect volunteer time (\$7,200)	\$8,700.00
Goal 2: Alcohol	Teen Court Braided funding (approx. \$57,000), DFC Grant Community and School Organizers (\$100,000), CRCC Parenting Classes (\$30,000)	\$187,000.00
Goal 3: Tobacco	Ingham County Health Department for Tobacco Compliance Initiatives	\$15,000.00
Goal 4: Prescription Drugs		
Total In-Kind	\$210,700.00	

ADDITIONAL COMMENTS RELATED TO IN-KIND CONTRIBUTIONS:

FY 2011-2012 STAFFING PLAN

Agency Name	Staff Name or "To be Hired"	% FTE	Goal 1	Goal 2	Goal 3	Goal 4
PPS/EISD	Harriett Dean	95%	x	x		
PPS/EISD	Mary Latchaw	25%	x	x		
PPS/EISD	Micki Fuhrman	28%	x	x		
PPS/EISD	Sara Lurie	12%	x	x		
Cristo Rey	LindaKeefe Lewis	50%		x		
Cristo Rey	Carol Patterson	35%	x	x		
Cristo Rey	Clerical Aide	30%		x		
Cristo Rey	Facilitator 1	30%		x		
Cristo Rey	Facilitator 2	30%		x		
Cristo Rey	Facilitator 3	25%		x		
Cristo Rey	Karen Waters	10%		x		

ADDITIONAL COMMENTS REGARDING STAFFING PLAN: