

# Ingham Substance Abuse Prevention Coalition

**ISAP Meeting Minutes  
March 19, 2009  
LPD South Precinct  
8:30 am to 10:30 am**

**Members Present:**

John Roy Castillo, Cristo Rey Community Center  
Harriett Dean, EISD/PPS  
Jeanne Diver, MidSouth Substance Abuse Commission  
Micki Fuhrman, EISD/PPS  
Marie Hansen, Community Member  
Don Iacobellis, Pfizer Global Medical  
Sara Lurie, EISD/PPS  
Rod Macdonald, Community Member  
Amy Moore, Ingham County Health Department  
Carol Patterson, Cristo Rey Community Center  
Scot Sexton, East Lansing Police Department  
Amy Spaulding, St. Vincent Catholic Charities  
Mike Tobias, Cristo Rey Community Center  
Lt. Eric Trojanowicz, Ingham County Sheriff's Office  
Karen Waters, Cristo Rey Community Center  
Pat Wheeler, National Council on Alcoholism  
Andrea Yokich, Ingham ISD

[castillojohnroycrcc@earthlink.net](mailto:castillojohnroycrcc@earthlink.net)  
[hdean@eaton.k12.mi.us](mailto:hdean@eaton.k12.mi.us)  
[JDiver@mssac.com](mailto:JDiver@mssac.com)  
[mfuhrman@eaton.k12.mi.us](mailto:mfuhrman@eaton.k12.mi.us)  
[mhansen3@msu.edu](mailto:mhansen3@msu.edu)  
[dominic.iacobellis@pfizer.com](mailto:dominic.iacobellis@pfizer.com)  
[slurie@eaton.k12.mi.us](mailto:slurie@eaton.k12.mi.us)  
[retiredmac@mac.com](mailto:retiredmac@mac.com)  
[amoore@ingham.org](mailto:amoore@ingham.org)  
[cpatterson@cristo-rey.org](mailto:cpatterson@cristo-rey.org)  
[ssexton@cityofeastlansing.org](mailto:ssexton@cityofeastlansing.org)  
[spaldia@stvcc.org](mailto:spaldia@stvcc.org)  
[mtobias@cristo-rey.org](mailto:mtobias@cristo-rey.org)  
[so\\_trojo@ingham.org](mailto:so_trojo@ingham.org)  
[karencrcc@earthlink.net](mailto:karencrcc@earthlink.net)  
[patw@ncalra.com](mailto:patw@ncalra.com)  
[ayokich@inghamisd.org](mailto:ayokich@inghamisd.org)

**Next Meeting: April 16, 2009 @ 8:30 at INGHAM ISD – meeting room to be announced**

**I. Call to Order:**

**8:40 am**

Marie Hansen, in lieu of Chairperson Sharon McWilliams, called the meeting to order at 8:40 am and had each person introduce him or herself.

**II. Approval of February, 2009 Coalition meeting minutes:**

Micki Fuhrman (EISD/PPS Voting Member) motioned to accept the February, 2009 ISAP meeting minutes as published. Amy Moore (Ingham County Health Department Voting Member) supported the motion. The motion was unanimously accepted.

**III. New Business:**

**a. Protocol for Substance Abuse Referrals**

Jeanne Diver, QA & Care Coordination Manager and Recipient Rights Regional Consultant for MidSouth Substance Abuse Commission (MSSAC) Care Coordination Center (CCC), presented. Jeanne began by distributing copies of the MSSAC Care Coordination Center packets. She discussed the new protocol for referring clients into substance abuse treatment as well as a history of the Central Diagnostic and Referral System

(CDRS). Jeanne stated that this type of comprehensive system was mandated by the state in the 1990s. The system included the use of American Society of Addiction Medicine (ASAM) Patient Placement Criteria, diagnostic impressions based on Diagnostic and Statistical Manual (DSM) criteria, and medical necessity criteria. As protocol changed, a name change to Access, Assessment & Referral (AAR) Services occurred, with the goal of accessing treatment at the provider level. Jeanne stated that by 2004, conflicts between the administrative and clinical sides of substance referral and treatment became apparent. A draft policy was issued to determine what an Access Management System would constitute. The desire to reduce duplication of services (by the CDRS and by providers) and to adopt best practices relative to client engagement and retention led to brief screenings and biopsychosocial assessments by providers. Brief screenings replaced assessments. In 2006, Administrative Rules for Substance Use Disorder (SUD) were revised to define access management as an administrative function and Treatment Policy No. 07, Subject Access Management System became effective. The final result, as of 2008, has been Draft Treatment Policy No. 09: Outpatient Treatment Continuum of Services. This allows providers to do a face-to-face assessment of the client and develop an Individualized Treatment Plan. Jeanne stated that the money saved by doing assessments this way goes to the providers. She stated that there have been no complaints since Policy No. 09 was implemented in September of 2008.

### **Discussion:**

- Andrea Yokich asked if the CCC was just for adults and Jeanne stated that adolescents were also included.
- Amy Spaulding stated that St. Vincent Charities would soon be accredited for counseling. Jeanne stated that only providers currently holding contracts with MSSAC were eligible to be funded for assessment and counseling services. She stated that MSSAC contracts with the State of Michigan to refer clients to their contractual licensed providers.
- Amy and Sara Lurie stated that they have been training clinical staff on the Screening, Brief Intervention, Referral and Treatment (SBIRT) protocol. Sara stated that clinical staff appear to be confused about referrals and that MSSAC contracts were part of the confusion. Jeanne stated that “medical” and “clinical” should not be confused. She asked Amy and Sara if they believed that a better screening tool was needed. Sara stated that the staff at the Sparrow/St. Lawrence Campus did not understand interventions. Amy stated that one of the problems that clinical staff often stated is that detoxification centers were not working well. She asked Jeanne if the clinical staff people she and Sara have spoken with should contact the CCC with their concerns. Jeanne stated that they should and that the CCC has a toll free number for that purpose. She added that the CDRS still answers their phone because they contract with the Department of Human Services (DHS). She stated that the CCC protocol was developed very quickly between June and October of 2008, and that CCC staff did not find out until October that the CDRS would not be forwarding DHS clients.
- Jeanne stated that the primary goal of the CCC is to get a scheduled appointment with the client and the provider. She stated that once a release is signed, the client is compelled to go to that provider. She added that providers can use their own letterhead for releases.
- Jeanne stated that three staff people from the CDRS have been retained for the CCC.
- Jeanne then described the CCC website. She stated that next day openings in treatment are always posted there. Amy asked if clients can be referred directly to the provider. When Jeanne affirmed that they could be, Amy stated that the health providers that she and Sara had spoken to were not aware of this. Sara asked if anyone, including the health providers, could make the referral and Jeanne affirmed that they could. She stated that they can contact any of the MSSAC providers and they will coordinate getting the client into a detoxification unit. Rod Macdonald asked if a release would be needed for a higher level of care and Jeanne replied that it was not necessary. She stated that high risk clients are followed under this

system to make sure that they get from provider A to provider B. Jeanne added that the CCC is not doing a lot of screenings as they trust their providers to do so. Pat Wheeler added that referral sources other than providers will only spend so much time referring clients to treatment. Jeanne stated that Pat had been a big help with the new protocol. Pat stated that the CCC protocol has resulted in a big increase in referring clients into treatment.

- John Roy Castillo stated that Cristo Rey Community Center provides intake services in Spanish.
- Jeanne reminded everyone that the CCC still authorizes where the client attends treatment.
- Jeanne then added that the First Time Offenders Program in Jackson uses the CCC but the Jackson Department of Human Services (DHS) does not.
- Amy Moore asked if the Ingham County Health Department has knowledge of this change in protocol and Jeanne replied that they have not informed everyone. Rod stated that treatment providers will now be able to conduct marketing campaigns with physicians, which is what they have always wanted. Rod reminded everyone that the concern for the ISAP Coalition would be whether or not treatment spaces are available for the Ingham County client. Marie asked Jeanne if spaces would be readily available at MSSAC provider agencies. Jeanne stated that the CCC currently has a waiting list. There is a 14 day waiting period for Medicaid clients and a 7 day waiting period for other clients. She stated that a code number for each waiting client is now encrypted on the website so that providers can contact them as soon as they have an available space.
- Marie asked Jeanne if it would be possible to mail the CCC information packet she had distributed at this meeting to the rest of the ISAP database. She added that Becky Allen would be especially interested in the protocol as regards Michigan State University (MSU) students.  
**Decision:** ISAP members should be aware, through the publishing of these minutes, that there has been a significant change in referring MSSAC clients into treatment. The referral process is available electronically as well as in hard copy.
- Sara asked Jeanne if there was still a disconnection with people seeking treatment services and the CCC. Jeanne replied that there is some disconnection but the CCC can act as a middle man until everyone learns the process.
- Pat stated that NCA/LRA is working with Family Drug Court on referrals.
- Andrea asked about this process in terms of families seeking non court-related assessments through the Lansing School District. Jeanne affirmed that a parent can seek help for their adolescent through this process.

#### **Discussion: Who should be next in the continuum of protocol and referral?**

- Marie asked ISAP members present for recommendations of who should be our next presenter regarding treatment and referrals.
- Representatives of Insight Recovery Center and Child and Family Services (CFS) were recommended. Karen Waters stated that Heather McClelland would be a good speaker for CFS. Heather facilitates cost-free substance assessments for any adolescent between the ages of 13 and 18 in Ingham County. Pat suggested we also speak to representatives from the House of Commons and Birch Tree Treatment Center.
- Rod suggested that we have the MSU media class we are working with help us with this. Rod also asked if this more accessible route to treatment influenced law enforcement. Karen stated that adding extra patrols to high risk areas at high risk times, per our SPF/Sig funded initiative, might show some increase in substance abuse referrals. ELPD Officer Scot Sexton stated that there had been four arrests for drunk driving at the target Enforcement Zone over the St. Patrick's Day Holiday. He added that there had also been approximately 30 to 40 arrests for Incapacitation around that time period. He stated that any

individual who is charged with Minor in Possession (MIP) for the third or fourth time is obviously in need of treatment. Scot said that the fine for a first time MIP charge is \$100.00 and that it goes up to \$360.00 for any additional MIP charges. Harriett Dean stated that Becky Allen is working on this issue.

#### **b. Action Item: Chair Elect Open Position**

Marie reminded ISAP members present that the Chair Elect position is still open and is something we need to be thinking about.

#### **c. Alcohol Awareness Month Report**

Micki reported. She stated that Lansing City Council member Carol Wood has invited ISAP members to the March 30<sup>th</sup> City Council meeting to talk about Alcohol Awareness Month or other ISAP initiatives. Micki also encouraged ISAP members present to attend the Safe Prom Initiative Kickoff at Eastern High School at 10:00 am on April 14<sup>th</sup>. Mike Tobias encouraged ISAP members present to attend the “Tri-County’s Got Talent for Alcohol Awareness” Talent Show on Saturday, April 18<sup>th</sup>, from 7:00 pm to 9:30 pm. He stated that he is selling Talent Show tickets for \$3.00 each. Mike described the enthusiasm of the Talent Show contestants. Mike added that the Lansing Lugnut staff is working alongside ISAP members on Alcohol Awareness events. He encouraged ISAP members present to attend the April 24<sup>th</sup> Lugnuts Game, which will have a prevention theme. Winners of the Talent Show will be able to sit in the press box or sing the national anthem at the game.

#### **d. Workgroups Report Out**

##### **1. Family Matters**

Karen reported. She stated that the workgroup had met on February 5<sup>th</sup> and will meet again on May 1<sup>st</sup>. Karen stated that the major focus of the February meeting was on ISAP information sites and dissemination of parenting materials. She stated that she has distributed: 2-1-1 resource materials, “Keeping Youth Drug Free: A Family Guide” booklets, “Drink Less, Live More” brochures and “Classes for Parents” brochures to 20 churches and two food bank sites in Ingham County. The “Alcohol and Our Community” media booklet was also distributed. Karen reminded ISAP members present that the online 2-1-1 Directory and resource materials have been designated as our ISAP Resource Directory. Karen stated that she still has plenty of all of the aforementioned materials, except that “Keeping Youth Drug Free” has been replaced by “Keeping Your Teens Drug Free: a Family Guide”. She encourage ISAP members present to distribute these materials, in packet form, to their own churches or to food bank sites and neighborhood centers. Karen passed around a copy of a tracking form for the materials, similar to the media booklet tracking form, which Harriett will send to all ISAP members. Karen stated that the April 1<sup>st</sup> meeting will focus on: 1. Developing “Good Parenting and ATOD Use Don’t Mix” media messages to send to the Media Committee, and 2. Working with the foster care system. The workgroup will develop lists of questions for foster care workers, kids in care, and foster parents.

##### **2. Adult Use**

Harriett reported. She stated that ISAP needs more people to join this workgroup. Harriett recently sent an email message encouraging ISAP members to join. She stated that one of our agenda items will be

continued work with the MSU media class on branding ISAP. Karen stated that this workgroup will also work on establishing drug free work sites in Ingham County.

### **3. Community Norms**

Sara reported. She stated that the workgroup has been working with the Lansing Lugnuts General Manager Pat Day on strategies including: the FACE Domino Strategy Campaign, an Alcohol Awareness Day Event at a Lugnuts Game, a Text Messaging Alert System, and access to alcohol by minors or intoxicated patrons. A draft of an agreement between ISAP and the Lansing Lugnuts regarding these strategies was drawn up. Sara distributed copies of the agreement draft to ISAP members present.

**Decision:** Marie called for a motion that ISAP accept the ISAP and Lansing Lugnuts Agreement as published. Amy Moore (Ingham County Health Department Voting Member) motioned to accept, and Rod MacDonald (Community Voting Member) supported the motion. The motion was unanimously accepted.

### **4. Youth Use**

Micki reported. She distributed copies of a handout entitled “The Ingham Substance Abuse Prevention Coalition is forming a Public Policy Panel to Identify Strategies that Will Reduce Underage Drinking by Lansing’s 11 to 13 Year-old Youth”. Micki stated that the Policy Panel has been the primary focus of the workgroup. The handout briefly describes: the Coalition, the Problem of Youth Alcohol Use, and what the Public Policy Panel will consist of. It will convene from April through June of 2009 and will include leaders from the Lansing School District’s Alcohol Reduction Program.

**Decision:** Marie called for a motion that ISAP accept the Public Policy handout as published. Rod Macdonald (Community Voting Member) motioned to accept, and Amy Moore (Ingham County Health Department Voting Member) supported the motion. The motion was unanimously accepted

#### **e. Fund Raising for Unrestricted Funds**

This agenda item was tabled until our next meeting.

#### **f. Candidate Forum**

Mike stated that it is a good idea for the ISAP Coalition to work with the Mayor. Marie stated that in the absence of Substance Abuse prevention Town Hall Meetings this year, the Policy Panels we are discussing and planning can provide a forum for the public to talk to candidates about prevention. Andrea stated that the public will start paying attention to the Mayor’s race after the primary. Marie stated that June would be a possible time to hold a Policy Panel with candidates in attendance.

## **IV. Legislative Updates:**

### **a. Smoke Free Michigan Update**

Amy stated that the letter of appreciation from ISAP members to Representative Joan Bauer has been drafted. Harriett stated that the Harrison Road House became smoke free on January 1<sup>st</sup> and that their business has since increased.

**V. Old Business:**

**a. SPF/SIG Work Plan**

Harriett stated that there were no changes in the work plan as of last meeting's presentation.

**VI. MidSouth Announcements**

There were no MSSAC announcements at today's meeting.

**VII. Other Announcements:**

- a.** Mike stated that there will be a special City Council meeting on March 30<sup>th</sup> preceding the regular meeting. The purpose will be to look at problems with liquor licensure for the Cadillac Club in Lansing. Mike made a recommendation that ISAP members attend this special meeting in the interest of substance abuse prevention. After some discussion, it was decided that ISAP members not speak at the special meeting, based on limited information about the Cadillac Club. Mike and Karen both stated that providing enhanced vendor education to problem vendors is a function of the Coalition and part of our Action Plans. The ISAP Executive Committee will continue to discuss tracking prominent problem vendors.
- b.** Andrea volunteered to host the **April 16<sup>th</sup> ISAP meeting at the Ingham ISD**, as the first item will be adolescent referrals into substance abuse treatment.

**VIII. Adjourn:**

**10:55 am**