

Ingham Substance Abuse Prevention Coalition

ISAP Meeting Minutes

July 10, 2008

LPD South Precinct

11:30 am to 1:30 pm

Members Present:

Rebecca Allen, Michigan State University

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Mike Botke, Lansing Teen Court

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LaClaire Bouknight, Eagle Vision Ministries and Capital Area Michigan Works

Paul Covert, Boy Scouts of America

Harriett Dean, EISD/PPS

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Micki Fuhrman, EISD/PPS

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Marie Hansen, Community Member

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Theophilus Harvey, City of Lansing, Human Relations

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Pat Hemingway, Capital Area United Way

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Derrick Jones, Eagle Vision Ministries and Capital Area Michigan Works

Dr. Barry Kaufman, CEI/CMH

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Dawn Kepler, Capital Coalition for Youth

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Lt. Larry Klaus, Lansing Police Department

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Donald Lovell, Boy Scouts of America

Sara Lurie, EISD/PPS

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Pat McKinley, Cristo Rey Community Center

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Ralph Monsma, DHS/BJJ

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Amy Moore, Ingham County Health Department

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Michelle Nicholson, ISD/Birth to Five Committee

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Alison Nix, American Lung Association of Michigan

Jim Paparella, Child and Family Services

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Elizabeth Schrock, Capital Coalition for Youth

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Mike Tobias, Cristo Rey Community Center

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Karen Waters, Cristo Rey Community Center

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Next Meeting: Thursday, September 4, 2008

I. Call to Order:

11:40 am

Chairperson Marie Hansen called the meeting to order at 11:40 am and had each person introduce him or herself.

Late Addition: Camp Lansing

Mike Tobias introduced Don Lovell, owner of Trouble Shooters Computer Technical Support Company, who spoke about Camp Lansing, a Learning for Life Skills Program. Don distributed 5 handouts with information about the Camp. The Camp experience will be presented by Phi Beta Sigma Fraternity, Inc., whose goal is community service. Targeted participants are urban youth in Michigan who most likely have not had camping experiences. Don stated that Mike will attend the Camp and speak to participants about substance abuse. Allen

Powell will also be a speaker, addressing “Hip Hop Hypocrisy”. Don stated that the enrollment goal is to have 200 youth attend the Camp. There are currently 170 youth enrolled. Boys and girls from anywhere in Michigan are invited to participate. The age range for participating youth is from 5th to 8th grade. Don then introduced Paul Covert, President of the Boy Scouts Chief Okemos Council, who described the need for Camp Counselors. Counselors must be at least 18 years of age. Information regarding parent chaperones was included with the handouts. Paul stated that this activity is supported by Mayor Bernaro, and that the Boy Scouts and Phi Beta Sigma are now seeking support from private sectors in Michigan. He emphasized that this is an initiative of the Learning for Life Skills Program and that participating youth are not necessarily encouraged to join the Boy Scouts. Camp Lansing will take place from July 20th to July 23rd and from July 23rd to July 26th. Bedding materials and all meals will be provided. Marie stated that we are partners in this initiative, as ISAP members would regard the camping experience as a protective factor against substance abuse.

II. Old Business:

a. Michigan Liquor Control Commission Semi Annual Public Comment Session June 13, 2008

Mike Tobias presented. He stated that he attended Michigan Liquor Control Commission’s (MLCC) Public Comment Session as well as their Quarterly Commission Meeting. During the Public Comment session, Mike presented the Coalition’s chosen comment regarding the need for thorough server training at special events such as Common Ground. Mike stated that participants were predominantly from the alcohol beverage industry. Some law enforcement personnel were in attendance, including Scott Ellis from Lansing Police Department. Scott is interested in educating special licensees and in educating other police officers about various liquor laws. With the exception of Mike, no other prevention people were there. Mike stated that Barb Sebastian of MLCC reported on enforcement. MLCC compliance inspections have risen from 520 last year to 696 this year. There have been 226 inspections during this reporting period as compared to last year’s 134. The current rate of compliance, or licensees checking identification, has increased to 76%. Mike stated that Judy Allen, a Commissioner from Grand Ledge, is currently serving at the discretion of Governor Granholm. Mike stated that she has always been very helpful to him.

Decision: Mike moved that ISAP send a letter to Governor Granholm in support of keeping Judy Allen as Liquor Control Commissioner. Amy Moore seconded. The motion was unanimously accepted.

III. New Business:

a. Review of and Roll-Call voting for 2009 Implementation Plan

Marie described the logic model process which formed the 2009 Implementation Plan draft distributed to ISAP members. She stated that the four workgroups formed around compelling substance abuse problems in Ingham County had developed the strategies in the Plan. Marie stated that we would go through all five goals, 1. Coalition Building, 2. Data-Driven Decision Making, 3. Alcohol, 4. Tobacco and 5. Methamphetamine, and discuss the recommended strategies. She stated that Harriett Dean would go through each goal, though it wouldn’t be necessary to read through every single objective. At the end of the discussion, ISAP members would vote on each goal via roll call.

Discussion:

Goal 1: Harriett stated that Goal 1 describes the day to day working operations of the Coalition. She explained that actions steps were indicated by regular font, and the outcomes and milestones were italicized. She stated that Goal 1 also has a lot of our methods of work, such as keeping minutes, following a logic model, having a media plan, continuing to use data and following Robert's Rules of Order, all contained in one objective at the request of MidSouth Substance Abuse Commission (MSSAC). Harriett stated that this is why a large sum of money is attached to this objective. Sara Lurie stated that some of that particular funding would go toward reimbursing Gary Vittoz (webmaster) in maintaining the ISAP website. Becky Allen asked where the budget requested in the Plan was coming from and how we had used it in the past. Sara stated that the funding comes from Federal Block Grant dollars and that some of the work changes. Marie said that the purpose of the Strategic Prevention Framework/ State Incentive Grant (SPF/SIG) initiative was for Michigan Coordinating Agency regions to build infrastructures. County coalitions are helping to build these infrastructures. Marie stated that MSSAC had been ahead in forming county coalitions. We will be entering the fifth year of our Coalition's Five Year Plan next year. MSSAC is now asking for outcomes. Becky stated that she would like to see how our objectives are measured. Jim Paparella stated that some of the objectives are about measuring policy, which has to be evidence-based. Marie cited our collaboration with Camp Lansing as a good example of influencing policy. Micki Fuhrman stated that we are very prescribed by MSSAC as to what our objectives can be. She said that last year was the first year we were able to propose programs again since the inception of the SPF/SIG process. Becky stated that the purpose of ending prevention programs had been to determine exactly what they were and how effective they had been, and then for coalitions to make recommendations for best practices in prevention programs and procedures. She stated that ISAP workgroup members need to understand how closely our timeline is tied to our work plans. Harriett pointed out that the ending of programming was also designed to build a community coalition centered around community and environmental change, not just evaluating and providing programming. Theophilus Harvey stated that the Plan is an attempt to look at measurable outcomes and that it would be hard to attach a dollar amount to all of our activities right now. Marie explained our data-driven decision making process. She said that ISAP collected a lot of data over the first few years and continues to do so. Our data measures risk and protective factors in our community. The workgroups used compelling data, such as MI/PHY Youth Survey data and our on-line Community Norms Adult Survey data, to inform the logic models. Sara stated that we have a lot of baseline data now, such as compliance check data. She added that we have also been able to seek and leverage funding. Jim stated that Ingham County's Child Care Fund should be considered in the leveraging of dollars. He explained that when funding sources such as United Way fund programs benefitting children, the Child Care Fund will match them dollar for dollar. Marie stated that objectives of the Coalition will continue to shift toward impacting adult substance use. The Plan we are proposing is primarily about universal prevention, but contains objectives that address the use of substances by both youth and adults. Ralph Monsma stated that Child Care Fund dollars go specifically toward treatment programs. Generalized discussion followed regarding prevention, interventions and treatment.

Goal 2: Becky asked about the Lansing School District Alcohol Reduction grant and John Underwood's "Life of an Athlete" program cited in Goal 2. She asked if dollars are actually going to go into the program. Harriett stated that technical assistance will be offered to 4 schools for "Life of an Athlete" and the schools will implement the program themselves. Micki will work specifically with Lansing schools on the Alcohol Reduction grant. Amy informed ISAP members that Ingham County Health Department has requested \$20,000.00 in funding for the "Life of an Athlete" program from CDC's "Building a Healthy Nation – Strategic Alliance for Health" grant. Their funding request states that EISD/PPS will assist Amy in implementing the

program so that it includes a tobacco component. This is a five year grant and Amy has requested that the first year be a demonstration to help develop a good system for implementation in future years. Amy stated that, if received, this funding can be an in-kind contribution toward ISAP. **Decision:** Objective 2.9, Community Mobilization will identify work with the Alcohol Reduction grant and work with “Life of an Athlete” as parts **a** and **b**, for better clarification. Marie added that we would like all Ingham County schools to have written policies regarding ATOD use and consequences at school, per the environmental (policy change) strategy in this objective. Sara Lurie commented that the main outcome is to assist the Lansing School District in sustainability for appropriate prevention programming, be that the Life of an Athlete or other evidence based programming the District may select.

Goal 3: Harriett moved on to Goal 3. She stated that we would seek Becky’s expertise in implementing our social norming campaign objective. Becky asked about evaluation strategies identified in this goal. Pat stated that one of the purposes of a data and evaluation workgroup will be to establish stronger measures to evaluate our work. The Community Norms Survey is our only current self-evaluation tool. Pat stated that the distribution of 500 “Keeping Youth Drug Free” pamphlets by ISAP members will be evaluated for effectiveness by the Community Norms Survey. This is one example of evaluating effectiveness of our strategies. Pat asked Becky to be a part of the data and evaluation workgroup. ISAP members discussed working with Teen Court, as described in the education strategy of objective 3.17. Harriett explained that MSSAC recently decided to move funding for Teen Court from treatment to prevention. Jim asked if the funding amount remained the same which Harriett affirmed. Mike Botke distributed copies of a Teen Court tri-fold pamphlet and Teen Court History. Mike explained that Teen Court works with free adjudicated youth. The youth have committed offenses such as minor in possession, retail fraud, and assault and battery. Mike stated that approximately 90% of youth completing the program do not re-offend. He stated that the continuing goal of Teen Court is to provide better services to Ingham County families, such as the provision of the “Staying Connected to Your Teen” program. Michelle Nicholson asked about participants in the Strengthening Families and Nurturing Parents programs, also identified in the education strategy of objective 3.17. Pat stated that at present about 30% of Cristo Rey clients who attend these programs are from outside of the city of Lansing. The Family Matters workgroup will continue to seek funding for expanding both of the programs. Becky asked about alcohol compliance checks and vendor education, as identified in the community mobilization strategy of objective 3.14. Karen Waters stated that ISAP collects compliance check data from Ingham County law enforcement agencies every year, beginning with the baseline established in FY 2007. Representatives from all law enforcement agencies have sent the results of their inspections to Karen during the course of this year. In the proposed plan all Ingham County alcohol retailers will undergo a compliance inspection again, giving us a true comparison to the baseline.

Goal 4: Amy described strategies for tobacco prevention included in this goal including: a Licensing Fact Sheet for Ingham County vendors, a tobacco prevention media campaign, vendor education and a Tri-County Comprehensive Tobacco Plan.

Goal 5: Sara stated that we will be looking at all drug trends in Ingham County in addition to looking at methamphetamine.

Roll Call Vote:

- Becky Allen voted no on all 5 goals.
- Mike Botke voted yes on goals 1,2,4 and 5, and abstained from goal 3.

- Jim Paparella voted yes on all 5 goals.
- Pat Hemingway voted yes on all 5 goals.
- Theophilus Harvey voted yes on all 5 goals.
- Michelle Nicholson voted yes on all 5 goals.
- Barry Kaufman voted yes on all 5 goals.
- Larry Klaus voted yes on all 5 goals.
- Sara Lurie abstained from all 5 goals.
- Amy Moore voted yes on goals 1, 2 and 5, and abstained from goals 3 and 4.
- Pat McKinley abstained from goals 1, 2 and 3, and voted yes on goals 4 and 5.
- Elizabeth Schrock voted yes on goals 1, 3, 4 and 5, and abstained from goal 2.
- Marie Hansen voted yes on all 5 goals.
- Electronically, Dawn Kepler voted yes on all goals as a citizen but abstained on goal 2.

The 2009 ISAP Implementation plan was accepted by a simple majority of voting coalition members.

IV. MidSouth Announcements:

There were no MidSouth announcements at today's meeting.

V. Other Announcements:

- Ralph reported on the two funding opportunities described at last month's meeting. He stated that the last thing needed for both the mentoring grant and the evidence-based home visitation grant is a letter of support from Capital Area United Way.
- Elizabeth stated that she will no longer be working with ISAP as she will be moving to Wisconsin to attend school.
- Pat reminded ISAP members about the Strengthening Families curriculum training, which will take place on August 7th and 8th at the Marriott Inn in East Lansing.
- Marie distributed copies of Driving Skills for Life, an advanced driving skills training provided to new drivers by Michigan State Police Precision Driving Unit. The training will take place on Saturday, July 19th at the Michigan State Police Training Academy.
- **Decision:** Marie proposed that the August 7th ISAP meeting be cancelled and that we re-convene in September. Amy moved that we do so and Larry seconded. The motion was unanimously accepted.

VI. Adjourn:

1:40 pm