

MSSAC Regional Training Calendar 2012

Disposal of Controlled Substances and Preventing Prescription Drug Abuse, *Martha Knorek and Amy Moore, Ingham County Health Department*

Recent increases in prescription drug abuse nationally and locally have prompted drug-free coalitions to engage with a variety of new partners to address this issue. This training will support coalition members by providing model interventions among all areas of prescription drug abuse. Training will address various approaches to prescription drug disposal events (supply), alternatives to pain medications (supply), the cycle of prescription drug addiction (demand) and influencing community norms that reduce prescription drug abuse in our community (awareness), disposal of controlled substances in your community.

March 6, 2012, 9:00-4:00

Recovery Oriented System of Care Coaches Tool Box Training

Jack Jesse, Eaton Behavior Health

Participants will learn stress reduction techniques, energy medicine skills to reduce fatigue, effective breathwork and use of ear beads (seeds) to reduce craving, increase focus, and balance the nervous system. Attendees will build skills in enhancing wellbriety in a holistic sense, activating mental, emotional, physical, social, spiritual, and volitional dimensions.

March 29, 2012 9:00-4:00

Recovery Coach Training for ROSC: *Home of New Vision Recovery Coach Academy*

This training is a five-day comprehensive immersion training for individuals wishing to become Recovery Coaches. This training package is approved by the Bureau of Substance Abuse and Addiction Services and the curriculum meets the requirement for Certification as a Recovery Coach. The training will equip participants to work within a Recovery Oriented System of Care as a Recovery Coach and clarify the roles and boundaries of that position. It will also include skill building in active listening, motivational interviewing techniques, engagement strategies, and peer ethics. Note: *This training takes place at the Lansing Community College West Campus and registrations will be handled by the Mid-South Substance Abuse Commission. See attached for more information.*

April 9-13, 2012 8:30-4:30

Data and Evaluation, two-part series

Anne Barna, Health Analyst, Barry-Eaton Health Department

This workshop will go beyond the previous 2010-2011 workshop to teach data analysis skills for the non-professional, as well as provide templates and up-to-date data visualization techniques and using data in evaluation.

May 10 2012 9:00-4:00 (Part 1) and May 16, 2012 (part 2) 9:00-4:00

Health Disparity, Understanding the Framework of Poverty and Cultural Competence /Social Justice, *Doak Bloss, Ingham County Health Department*

This training will look at identifying and dealing with health disparities, addressing the lack of services and resources in rural communities, racism, access to income and health care. Mental health and co-occurring disorders will also be discussed in the training.

September 12 and 13, 2012, 9:00-4:00

